

## Freestyle Rules and Procedures

The following rules and procedures have been established to provide the safest, most productive and beneficial session for each participant. Your cooperation is much appreciated. The manager, skating school director, or the front desk staff has the right to remove any skater, parent or private lesson instructor from a session without refund of payment if they are choosing to ignore the following rules and procedures.

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**Safety is everyone's responsibility. Accidents do happen, but every skater and private instructor is to be on the alert and avoid potentially hazardous situations.**

Prior to taking the ice, skaters and parents **MUST** check in with the front desk staff and pay for ice time.

**Instructors MUST have current liability insurance on file with Niles IceLand.**

**Insurance MUST name Niles IceLand as additionally insured.**

**1. NO INSTRUCTOR MAY TAKE THE ICE TO TEACH A LESSON WITHOUT PROPER INSURANCE. No Exceptions.**

**2. Prior to taking the ice all private lesson instructors must show current proof of liability insurance naming Niles IceLand additionally insured and leave a copy with the front desk staff.**

3. Only skaters at the appropriate level may skate on freestyles that denote level variation on current freestyle session schedule. It is the responsibility of the skaters, parents, and coaches to be aware of the appropriate levels for freestyle sessions.

4. Freestyle sessions will be limited to 22 skaters.

5. Headphones are not allowed on a freestyle session.

6. Food and beverages other than water are not allowed on the ice.

7. **No group lessons may be taught on any freestyle.** A group consists of 3 or more skaters.

Exception: Niles IceLand pre-approved program and only on freestyle times that tend to be less crowded. This will be determined by the skating director and applies only to IceLand staff members. Ex. Team compulsories, small production numbers, and ensemble groups. Props will also be limited based on freestyle attendance.

8. Solo music will be played in the order received when there is an ice monitor. If there is not ice monitor, music can be played by a coach or another skater from the CD player located in the ice arena. In the event there is no ice monitor skater who wants to do programs must sign in on the dry erase board when entering the ice. Programs will run in the order on the board. Note: Skaters receiving private lessons have priority over the playing of music. If the session is full only one pro cut per lesson will be allowed.

9. The volume of hand held CD players must not exceed that of the music being played on the sound system.

10. Skaters must wear a vest/belt when performing their solo if the freestyle session has **more than 5** skaters on it. **This is not an option.**

11. NO JEANS or shorts with bare legs are allowed on any freestyle sessions. Appropriate skating attire must be worn at all times.

12. Program skating order will remain the same throughout the freestyle session when there is a full session.

13. Soloists have the right of way when their music is being played.

14. Instructors and skaters working on the harness must yield to the right of the solo skater.

15. Skaters receiving a private lesson have second priority.

16. Skaters are not allowed to follow or "mirror" each other during their solos.

17. Skaters are not allowed to congregate anywhere on the ice or at the boards. If you want to chat, leave the ice.

18. Skaters must not fix their skates while on the ice, but should exit the ice or sit in the players' bench area.

19. Skaters must get up from a fall as soon as possible to avoid a potentially hazardous situation.

20. **Skaters are to pick up their belongings and dispose of all trash before leaving the ice.** Skaters are responsible for picking up their music after each session. IceLand is not responsible for any personal items that are left at the arena.

21. Solicitation of any kind will NOT be permitted in our facility! If any coach, parent or skater is soliciting they will be asked to leave and those coaches will no longer be allowed to teach on the Niles IceLand freestyle sessions.

22. Private Coaches should teach from the boards as much as possible.

23. Teaching on freestyle ice is a privilege, not a right. This privilege can be taken away from any coach, at anytime who disrupts the culture established in our facility.

**NOTE: Special policy in effect during freestyle with more than 12 skaters:**

Team Compulsories, Ensembles, Dance, Pair or couples skating may not be practiced on sessions that have more than 12 skaters.

In the event that 12 or more skaters are on a session team compulsories, ensembles, dance, pair, or couples must receive permission from the skate school director.

Props will be limited as well on these sessions. These teams must also yield to all other skaters on the ice.

**If you have any questions, please contact the skate school director or rink manager.**

**We reserve the right to change or add to these rules at anytime.**

Absolutely no non-staff coaches, figure or hockey may teach on any IceLand public skate sessions. No exceptions.

