



WBL SUMMER GIRLS SUMMER HOCKEY 2016

Who: WBL Summer Hockey is for all girls that live in the WBL Area and are from the ages 7-12. (Exceptions can be made). Also, family reduced prices are available.

When: 4:45-6:30 every Wednesday starting June 15th and ending August 24th. 10 total sessions. Note: *There will not be hockey July 6. On ice training is 4:45-5:45 and dryland training will be 5:55-6:30. Dryland will include instructors helping with proper shooting mechanics, plyometric exercises, and stick handling in the upstairs training area.*

Where: WBL Sports Center

Cost: \$175.00 per skater, goalies pay \$50.00 (checks made payable to Chad Norman).

Coaches: Miles Vantassel, Chad Norman, Brittney Graves, Kirk Miland , WBL Varsity Girl Hockey Players.

Questions: chad.norman@isd197.org or 651-200-7685

Camps Focus: Speed, agility, passing, skating, stick handling, shooting, and fun! Depending on numbers, ages and ability levels, the girls will be grouped on the ice accordingly.

PAYMENT AND SIGNED RELEASE FORM REQUIRED BEFORE PLAYER CAN PARTICIPATE

Payment and signed release form can be mailed prior to the first session to:

Chad Norman
5301 Pleasant Court West
White Bear Lake, MN 55110

Players Name: _____ Parents Name: _____

Players Address: _____

Home/Cell Phone: _____ Email: _____

Grade in Fall 2016: _____ Age: _____

Level played last season: _____ Payment Amount: _____

I understand that the coaching staff does not carry health or accident insurance for players participating in the 2016 WBL Girls Summer Hockey Camp. I give permission for my child to participate and will not hold WBLAHA or the Coaching Staff legally responsible or prosecutable for any injury that may occur during the summer hockey camp.

Print Name of Parent/Legal Guardian and Signature of Parent/Legal Guardian

Print: _____ Signature: _____



CAMP COACHES

Chad Norman: WBL Alumni. Played college hockey for Concordia Moorhead and Augsburg. 15 years experience coaching high school hockey. PE teacher in WSP, MN. Degrees in PE/Health/Coaching/Kinesiology.

Miles VanTassel: Acceleration/Athletic Republic Owner/Instructor. Played Jr. A hockey in the Toronto Metro league and the USHL. College hockey at Michigan Tech from 96-99, two seasons playing professional hockey in the Central Hockey League (CHL). Coached 4 years in the Midwest High School League.

Kirk Miland: Current Bantam youth coach, 10 years youth hockey coach in WBLAHA. 5 years experience coaching summer hockey camps.

Brittany Graves: Current WBL U 15 Coach. Played 3 years in the State Tournaments for Rochester Mayo high school. UW-River Falls College Hockey from 2007-2010 (2 national tournaments). College degree in Exercise and Sports Science and a minor in Coaching. Previously worked for Athletic Republic in Arizona.