

Fox Valley Hurricanes Hockey

Mite Hockey Prep

Winter Session



The **Fox Valley Hurricanes** Amateur Hockey Association will offer a Winter Session for Mite Hockey Prep intended for players who:

- 🌀 Are new or newer to hockey
- 🌀 Have prior skating experience (equivalent to Skate School Pre Hockey 2 or higher)
- 🌀 **Were born in 2009 or later**



Fox Valley Hurricanes Hockey

Mite Hockey Prep

Winter Session



Our Mite Hockey Prep program is the ideal next step for the beginning hockey player looking to develop his or her skills in preparation for competitive Hurricanes House/Travel Hockey.

To begin building a successful hockey foundation, players will learn skating, stickhandling, passing and shooting skills through a wide range of Athlete Development Model (ADM) station based drills and small-area games.

Players will experience lots of repetitions and puck touches promoting quick development of basic hockey fundamentals in a fun, instructive, and competitive environment.

We want to provide you and your players a solid foundation for growth and development, as we prepare your players for hockey in the years that follow. Our goal is to deliver a positive, yet challenging sports experience while creating a passion for the game of hockey.

There is no set game schedule. The Mite Hockey Prep coaches and the team manager will work with other local clubs to play cross-ice jamborees throughout the season.

The Mite Hockey Prep program **does not** require an evaluation; however, prior skating experience is strongly recommended.


Mite Hockey Prep Highlights:

 Sessions will begin the week of January 16th and run through March 10th

 Includes up to two practice ice slots per week –

 Tuesdays @ 4:20 pm

 Wednesdays @ 5:30 pm

 Includes Fox Valley Hurricanes jersey

 Includes AAU Membership & Insurance Coverage

Total Cost Due at Registration: \$320

(Nonrefundable, no drop-ins, and the cost will not be prorated)

Register at www.hurricanes hockey.net under the “Registration” & “Winter Prep” tabs.

Contact Information:

Registration Questions:

Anne Iwinski
Fox Valley Hurricanes Registrar
fvhurricanesregistrar@gmail.com

Program Questions:

Pete Rutili
Hurricanes Hockey Director
hockeydirector@cycloneshockey.net



Like us on Facebook to keep up-to-date: <https://www.facebook.com/fvhurricanes/>

