



**Coaches Appreciation Week is February 8th through the 12th.**  
**Thank you Coaches for all that you do for our Athletes!**

**Power 2 Even - NORCO Storms Division 1!**



12 Black, 14 White, 14 Silver, & 16 Blue all won their Powers last weekend. 14 White's win put them in Division 1, making them the third NORCO team in the 14s Division 1!! For the second week in a row, 16 Blue didn't lose a set, earning them a spot in the 16s Division 1 with 16 Black. Keep up the hard work!

## Serve/Serve Receive Clinic - This Saturday!

16 Black Coaches, Jim Stone and Dri Culbert, will lead this serve/serve receive clinic. They will be assisted by Emily Bench, Kelsey Schuppert, Brady Fisher, and Maggie Kelly. This two-hour clinic will cover the basics of footwork, body position, the toss, arm swing, and follow-through.



[Register HERE](#)



### Clothing Sale Soon!

NORCO will be hosting another clothing sale - **February 22nd & 23rd**. Under Armour and NORCO gear will be available, along with a few new designs. Check out our new Spring Green Long Sleeve - stop by the office to order yours today! Did the winter storm catch you off guard? Pick up a NORCO beanie and stay warm!

Stop by the office on Mondays and Thursdays between 4:30 and 6:00 pm to purchase additional clothing items.



**Cash or check ONLY!**

### Blizzards and Beaches



While 'This Old Club Director' was here determined to dig NORCO out of the snow, no practices were canceled here -->



### News with NORCO

Still need fundraisers? Qdoba cards are still available in the office for purchase. These are a great way to help friends and family members receive discounts on food while you earn money towards your account!



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## Evaluations

Each year the NORCO coaches conduct player evals and provide the players with a written copy of the club form. At 15 and under, coaches are to conduct 2 player evals before the end of the season; 16 and up, 1 time during the season. We find this assessment tool to be very beneficial to players and coaches. Please ask your coaches about this process. Evaluations are not to take place during court time and both coaches need to be present. Average scheduling of these is approximately 10 minutes per player.

## Two D1 Coaches in One Week - Spaces are filling up, register now!



### Mary Wise Returns on March 1st!

Mary Wise, the University of Florida Head Volleyball Coach, will be returning to the NORCO gym to run an All-Skills Clinic on Tuesday, March 1st from 5:30-7:30. Mary has lead the Gators to many great achievements, including 18 straight SEC Titles! She will cover all six skills to make you a better player by introducing techniques used at the University of Florida!

[Register HERE](#)

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# University of Washington Head Coach Keegan Cook to Hold Blocking and Serving Clinic



Keegan Cook finished his first season at UW with a 31-3 record and a share of the Pac-12 title. The Huskies are known for their elite blocking and serving and Cook will bring their training techniques to NORCO on Thursday, March 3rd from 5:30-7:30 p.m.. The clinic will cost \$50 and registration is available [HERE!](#)

## Spring Clinics

NORCO is offering its spring clinic series! All clinics will run from 1:30-3:30 pm and cost \$40. For more information on these clinics, the full clinic list, and to register, head over to our [Clinics & Events](#) page to register!

### Serving (Float & Jump Serve) Clinic - February 20th



14 Black Head Coach, Glenn Sapp, and 12 Black Head Coach, Jill Stucky, will lead this clinic. They will be assisted by Krista Schwartz, Kelly Mundhenk, Chelsea Cloutier, and Laura Billington. Participants will have the opportunity to learn how to do various overhand and jump serves including

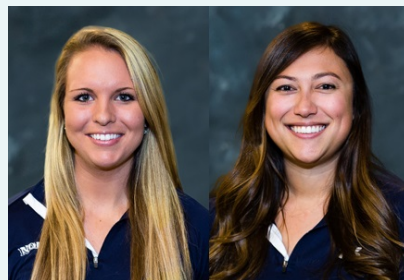
top-spin and float serves.

[Register HERE](#)



### Hitting Clinic - March 12th

17 Black & 13 Black Head Coaches, Sam Peters and Ashley Acuff, will be leading this hitting clinic. They will be assisted by Kendra Cunningham, Tami Bustamante, Holly Martin, and Zach Garcia. All hitting positions welcome - we will work on specific roles of each position. Special focus will also be given to ball control and shot development.



[Register HERE](#)



## Passing/Defense Clinic - March 19th



18 Black Head Coach, Michelle Buckner and 16 Blue Head Coach, Jared Rudiger will lead this passing clinic. These coaches will be assisted by Katie Ronen, Hailey Elliott, Lindsay Miller, and Jeana Stading. Passing is a fundamental skill that helps every team and player achieve their potential. All positions welcome! The two-hour clinic will work on serve receive, dig transition, down ball, and free ball defense.

[Register HERE](#)



## First Annual NORCO Friendraiser moved to Friday, April 15th

Celebrate the 2016 season with this fun and informative evening. We would like to invite the entire community to learn more about our excellent program. The night will feature gift baskets, that each NORCO core team has provided, being auctioned off. We will also play the Head or Tails game for a chance to win 25 bottles of wine and another game to win 25 six packs of microbrew beers!

Wine and beer will be served along with a variety of complementary heavy hors d'oeuvres. Attire will be casual. This is a great opportunity to help with lowering our building debt while also helping us update the facility!

Click [here](#) to sign up now!