



Hitting Clinic with John Critzer

Ages 14 - 18

June 1st 9am-11am

John Critzer, Assistant coach at the University of Northern Colorado (soon to be a NORCO Coach as well), will be leading this clinic. All hitting positions welcome - middles, outsides, and opposites. We will work on specific roles of each position, starting with the technical skills of attacking. The two-hour hitting clinic is designed to breakdown the swing and provides hitters a ton of repetitions. Techniques will be broken down from footwork, jumping technique, arm-swing, and landing. John will focus on ball control and shot development.



Click Below to Register

[Hitting Clinic](#)



Setting Clinic with Kate Hampson

Ages 5 - 13

June 4th, 5:30 - 7:30 pm

Kate Hampson, NORCO Coach and former Washburn 2 time All-American Setter, will be leading this clinic. A setter plays a huge role in the success of any team. This two-hour clinic will focus on the technical skill of setting and the tactical skill of becoming an effective game manager. This clinic will focus on how to run an offense, leadership, and the keys to effectively executing an overhead set. There will special focus on in-system and out-of-system setting while working on basic sets.

Click Below to register:

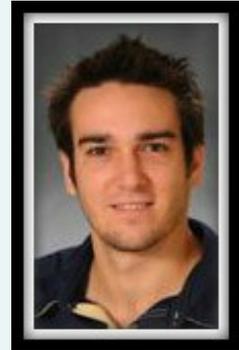
[Setting Clinic](#)

Elite Setting Camp with Luke Murray

Ages 14 - 18

June 8th, 9:00 - 2:00 pm

Learn from the best with Luke Murray, former All-American and National Champion at Penn State and current CSU assistant coach. This intense and personalized setting academy will train all aspects of being an elite setter, including footwork, training hands, and the mental and strategic aspects of being a great setter.



Click Below to Register

[Elite Setting Camp](#)



Outside Hitting Camp with
Colorado State University's Tom
Hilbert

All Ages

June 10th, 9:00am-3:00 pm

Colorado State University Head Coach Tom Hilbert will lead an extensive five-hour camp in the art of playing outside hitter. The most diverse position on the court, the outside must be able to pass, hit, block, serve and defend. Coach Hilbert will focus his morning session on the fundamentals of being a sound outside hitter. In the afternoon, participants will learn more advanced skills of vision, shots and tactics.

Click Below to Register:

[Collegiate Camp Series](#)

**Ball Control Camp with the
University of Michigan's Mark Rosen**

All Ages

June 11th, 9am - 3:00 pm

University of Michigan Head Coach Mark Rosen will conduct a five-hour clinic on the most important skill in the game - ball control. He will teach you how an elite college program teaches passing, defense, serve receive and free ball passing. This clinic is essential for anyone who serve receives or plays defense for their team.



Click Below to Register:

[Colligate Camp Series](#)

**Setting Camp with Iowa State's Christy Johnson-
Lynch**

All Ages

June 12th, 9:00am - 3:00 pm



Click Below to Register:

[Collegiate Camp Series](#)



All Skills Camp with Jim Stone

All Ages

June 15th 9am-3pm

Jim will take players through his elite training techniques in this five-hour clinic. Coach Stone will cover all basic skills.

Click Below to Register:

[All Skills Camp](#)

Defense/Passing/Libero Clinic

with Glenn Sapp

Ages 5-13

June 18th, 5:30-7:30pm

The most important skill in volleyball is the pass. The first contact can be the initiation of a kill or the end of a point.

Great passers always find a way to earn playing time! Passing is a fundamental skill that helps every team and player achieve their potential. All positions welcome! The two-hour clinic will work on serve receive, dig transition, down ball, and free ball defense. Special emphasis will be placed on developing Volleyball IQ and learning the vital skills of platform passing, overhead passing, and reading a hitter/server.



Click Below to Register:

[Defense/Passing/Libero Clinic](#)



Hitting/Blocking Camp with

Heather Bown

All Ages Clinic

June 20th 9am-3pm

Olympic silver medalist Heather Bown will lead this five-hour clinic on hitting and blocking. She will cover the basics of footwork, arm swing, ball contact, net penetration and block location. This is a once and a lifetime opportunity to learn from a three-time Olympian.

Click Below to Register

[Hitting Clinic](#)

Hitting Clinic with Sam Peters

Ages 14-18

June 22nd, 9-11am

All hitting positions welcome - middles, outsides, and opposites. We will work on specific roles of each position, starting with the technical skills of attacking. The two-hour hitting clinic is designed to breakdown the swing and provides hitters a ton of repetitions. Techniques will be broken down from footwork, jumping technique, arm-swing, and landing. Special focus will also be given to ball control and shot development.



Click Below to Register

[Hitting Clinic](#)



Blocking Clinic with Sam Peters

Ages 14-18

June 22nd, 12-2pm

Sam Peters, former standout CSU Ram and NORCO 17 Black Head Coach, will lead a blocking clinic raising the level of anyone's game with lots of technique and reps. The blocking clinic will focus on footwork, hand position, net penetration and setting the block on the correct position.

Click Below to Register:

[Blocking Clinic](#)

Defense/Passing/Libero Clinic with

Jaime Colaizzi

Ages 14-18

June 24th, 9-11am



The most important skill in volleyball is the pass. The first contact can be the initiation of a kill or the end of a point.

Great passers always find a way to earn playing time! Passing is a fundamental skill that helps every team and player achieve their potential. All positions welcome! The two-hour clinic will work on serve receive, dig transition, down ball, and free ball defense. Special emphasis will be placed on developing Volleyball IQ and learning the vital skills of platform passing, overhead passing, and reading a hitter/server.

Click Below to Register:

[Defense/Passing/Libero Clinic](#)



Serving Clinic with Amber Ortnier

Ages 5-13

June 29th, 5:30 - 7:30 pm

This two-hour clinic will teach the basics of footwork, body position, the toss, arm swing, and follow-through. The clinic will also teach the techniques, skills, and mindset needed to serve at a consistent and accurate level.

Participants will have the opportunity to learn how to do various overhand and jump serves including top-spin and float serves.

Click Below to Register:

[Serving Clinic](#)



**For July and August Summer Clinic information,
please click below:**

[Summer Clinics at NORCO](#)