



2019 San Jose Sharks Summer Hockey Schools Daily Camp Schedule

Skills Development Camp Week 1: June 10-14, 2019

Skills Development Camp Week 2: June 17-21, 2019

Skills Development Camp Week 3: June 24-28, 2019

'10 - '12 Birth Years

12:40pm - 1:35pm – Ice (Power Skating)

1:50 - 2:40 – Lunch

2:50 - 3:50 – Dryland Training

4:20 - 5:10 – Ice (Skating/Puckhandling/Passing)

5:25 - 6:25 - Ice (Scrimmage)

'07 – '09 Birth Years

9:10 - 10:05 - Ice (Power Skating)

10:20 - 11:10 – Video/Snack Break

11:30 - 12:25 - Ice (Skating/Puckhandling/Passing)

12:40 - 1:30 - Lunch

1:40 - 2:20 – Dryland Training

3:05 - 4:05 - Ice (Scrimmage)

'05 – '06 Birth Years

8:00 - 8:55am - Ice (Power Skating)

9:10 - 10:00 – Video/Snack Break

10:20 - 11:15 - Ice (Skating/Puckhandling/Passing)

11:30 - 12:20 - Lunch

12:30 - 1:10 - Dryland Training

1:50 - 2:50 - Ice (Scrimmage)