

OHIO HIGH SCHOOL LACROSSE ASSOCIATION (OHSLA) 2015-2016 BOYS LACROSSE REGULATIONS

A. GENERAL REGULATIONS - LACROSSE — BOYS

1.0. Interscholastic Participation

1.1 Practice and Coaching

1.1.1. Practice may begin February 22, 2016.

1.1.2. All teams must respect a five-day acclimatization period during the first five days of practice. All athletes joining the team for the first time at any point during the season after the first day permitted for coaching also must participate in a five-day acclimatization period prior to any contact drills. There must be an adequate recovery period between practice sessions.

1.1.3. During practices within the acclimation period, players may wear helmets, gloves, and all protective padding. Sticks and balls are also permitted. Prior to the sixth day of practice no contact is permitted. During the first five days of practice, athletes may engage in conditioning, speed, strength and agility drills and may use “dummies” for drills and walk-throughs.

1.1.4. Notwithstanding 1.1.2 and 1.1.3 above, full practices may not begin until February 29, 2016.

1.1. No team or individual may play more than two games per day. An individual may play in a varsity or sub-varsity (junior varsity, reserve or freshmen) game in the same day.

1.2. A student athlete in grades 9-12 may play in a maximum of 84 quarters plus one post-season tournament. The post-season tournament is inclusive of the OHSLA State Tournament. Any post-season tournament is limited to a maximum of four (4) games, or if in the OHSLA Tournament, six (6) games.

1.3. A student athlete in grade 7-8 may play in a maximum of 64 quarters plus one post-season tournament not to exceed four games by one team.

1.4. Any part of a quarter is to be considered as a full quarter and any part of a half in a running time format game is to be considered as two full quarters (See Section 1.10 – Quarter Length). In an overtime game, the extended time shall be considered an extension of the fourth quarter. All quarters played shall count toward the maximum allowed. For clarification, a student-athlete may participate in varsity and/or sub-varsity games and all quarters played count toward the student-athlete’s maximum allowable quarters.

1.5. An athlete who exceeds the regular season participation limitation becomes an ineligible athlete. The athlete is ineligible for further regular season competition if the violation occurs prior to the end of the season or tournament competition if the violation occurred during the last regular season contest. The OHSAA forfeiture bylaws apply as written in OHSAA Bylaw 10.

1.6. Any scheduled regular season game in lacrosse which is not started due to unforeseen circumstances, such as failure of team to arrive, strikes, school closing, is “No Contest.” Games not played are not included in won-lost statistics.

1.7. Interrupted Games

1.7.1. A game called for any reason, where a winner cannot be determined or any game called at any time for mechanical failure (artificial lights, water systems, etc.) will be treated as a suspended game. If the game is to be completed, it will be continued from the point of suspension subject to the rules of the game. Such game will be completed unless both coaches agree not to complete the game.

OHSLA - Boys Lacrosse Regulations 2015 - 2016

- 1.7.2. If a game is interrupted in the fourth quarter with 80% or more of the game completed (or nine minutes or less remaining to play in a Varsity contest); and 1) due to events beyond the control of responsible administrative authority (e.g. lightning) the game cannot resume within 60 minutes of such interruption (e.g. multiply lightning delays); and, 2) the team in the lead shall be declared the winner with the score as it stands when the game was suspended.
- 1.7.3. Varsity games cannot end in a tie. Games are won, lost or suspended.
- 1.7.4. All suspended games count toward the teams' maximum allowed. All quarters or parts of quarters played in a suspended game count toward the players' maximum allowed.
- 1.8. Any OHSLA tournament game interrupted due to events beyond the control of the responsible administrative authority shall be continued from the point of interruption.
 - 1.8.1. All OHSLA tournament games shall be played to completion, unless 1) the game is in the fourth period at the time it is interrupted with 80% or more of the game completed (or nine minutes or less remaining to play in an OHSLA Tournament contest); 2) the game cannot resume within 60 minutes of such interruption (e.g., multiple lightning delays); and 3) the score differential is four or more goals, the team in the lead shall be declared the winner with the score as it stands when the game was suspended. **EXCEPTION** - All OHSLA tournament Final (Championship) games shall be played to completion, unless the game cannot be continued the following day due to events beyond the control of administrative authority (e.g., weather).
 - 1.8.2. Every effort must be taken to play all OHSLA Tournament games to completion. However, in the event a game, interrupted due to events beyond the control of the administrative authority (e.g., weather), **cannot** be continued from the point of interruption as described in 1.9.1; does not meet the criteria to declare a winner; and any and all reasonable measures to complete the game have been exhausted, the Commissioner, with the cooperation of the administrative authorities of the teams involved in the contest, may declare a winner. In deciding a winner the following information, and other factors, may be considered in determining the winner:
 - 1.8.2.1. Score of the game at the point of interruption.
 - 1.8.2.2. Time remaining in the game at the point of interruption.
 - 1.8.2.3. Head to head competition, if any, during the season.
 - 1.8.2.4. Ranking of the teams at the time of the Bracket Placement process
- 1.9. Length of quarters —
 - 1.9.1. High school varsity — 12 minutes. Varsity contests, with the exception of scrimmages, must be played in this format.
 - 1.9.2. Reserve, junior varsity and freshman — 10 minutes.
 - 1.9.3. Grades 7 & 8 — 8 minutes.

EXCEPTION: 8th or "A" teams may elect to play 10 minute stop-time quarters, provided a) both teams agree; b) the game is scheduled and the assignor informed of the game length in advance; and c) the home team pays the appropriate game fee in the region (same as a Freshmen or JV game).

OHSLA - Boys Lacrosse Regulations 2015 - 2016

1.9.4. Alternative time-keeping - Non-Varsity contests may be played using a running time format if agreed to by both head coaches prior to the start of the contest. This format consists of two halves where the clock only stops at the specific direction of the officials (e.g. player injury) and for team time outs. The running time format for:

1.9.4.1. Reserve, junior varsity and two halves shall not to exceed 25 minutes per half of running time per game and 100 minutes per day.

1.9.4.2. Grades 7 & 8 shall not to exceed 20 minutes per half of running time and 80 minutes per day.

1.10. Overtime. **Only high school Varsity games will play overtime.** All other levels of competition can end in a tie and no overtime will be played. **EXCEPTION** – Non-varsity tournament games, where a winner must be determined in order to advance in the correct bracket, may utilize overtime provided the participants and game officials are notified in advance of the start of the tournament.

1.11. Interscholastic Scrimmage

1.11.1. An interscholastic scrimmage is defined as a contest in which the rules of lacrosse are not followed in all respects. The length of the scrimmage is limited to a maximum of three hours per squad or individual per day for grades 9-12, and two hours per squad or individual per day for grades 7-8.

1.11.2. A scrimmage may involve any number of teams from various schools. A scrimmage does not count in the won/lost record for any school involved in the scrimmage.

1.11.3. No admission of money, materials or supplies may be charged for a scrimmage. Voluntary donations of supplies or money may be accepted at a scrimmage but cannot be required for admission.

1.11.4. This regulation prohibits two or more school teams from practicing together unless it is a scrimmage.

1.11.5. A scrimmage must be considered the same for all schools involved.

2.0. Out-of-State Travel

A lacrosse team may travel out of state to compete in scrimmages and games in states or provinces in Canada that are contiguous to Ohio regardless of distance to travel. The states include Indiana, Kentucky, Michigan, Pennsylvania and West Virginia. The province includes Ontario. Additionally, a lacrosse team may travel out of state onetime per interscholastic season to compete in states or provinces in Canada that are not contiguous to Ohio provided there is no loss of school time.

“School time” is defined as any time during any day during which the school is in session as stipulated in its Board-adopted school calendar exclusive of contingency days. Penalty for violation: The team shall be ineligible for the OHSLA postseason tournament and could be subject to additional penalties as referenced in OHSAA Bylaw 11.

EXCEPTION: If, because of missed school days due to calamity situations, an otherwise non-school day(s) becomes a school day(s) in order to make-up for the missed school day, the school may compete in a contest(s) outside the state of Ohio provided:

- 1) The team had contracted for/committed to said trip/contest(s) at least three months prior to the contest(s) in question and;
- 2) The team receives written permission from the OHSLA Commissioner’s office at least one week in advance of the scheduled event.

OHSLA - Boys Lacrosse Regulations 2015 - 2016

A lacrosse team may not travel out of state only to practice, except, if such practice is done in conjunction with allowable out-of-state competition as stipulated in this section.

3.0. Disqualification or Ejection for Unsporting Conduct

Any lacrosse player, substitute, coach, non-playing member of a team or anyone officially connected with the team ejected from a game, scrimmage or preview (NFHS Rule 5, Section 11, Article 1) shall be ineligible for all contests for the **remainder of that day**. In addition, the student and/or shall be ineligible for all contests at all levels in lacrosse until two regular season/tournament contests are played at the same level as the ejection.

See the remainder of *Ejection Policies for Players and Coaches* under OHSAA, General Sports Regulations Sections 13, 14 and 15.

4.0. Non-Interscholastic Participation – OHSLA Bylaw Section 2.11 is replaced in its entirety by this section 4. (All OHSLA member teams, regardless of school varsity, school club, club or community club status, are consider interscholastic.)

4.1. A member of an interscholastic lacrosse squad (any student who has played in a scrimmage, or regular season/tournament game as a substitute or starter) sponsored by the Board of Education or other governing board for the lacrosse team **shall not participate in a non-interscholastic program** (tryouts, practice or contest) as an individual or a member of a team in the sport of lacrosse **during the school's season** (OHSAA General Sports Regulation 7.3).

4.2. A member of an interscholastic lacrosse squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education or other governing board for the lacrosse team may participate in non-interscholastic lacrosse prior to and after the school season under the following conditions:

4.2.1. The number of interscholastic lacrosse players from the same school/club on a non-interscholastic squad is limited to five (5) on the roster of that non-interscholastic squad (50% Limitation).

4.2.2. A roster is defined as all the members of the entire squad on that non- interscholastic squad.

Note: Graduating seniors who are participating on a non-interscholastic lacrosse squad after their final interscholastic contest of the season in the sport of lacrosse are exempt from this limitation.

4.2.3. There is no limit on the number of lacrosse squad members from the same school participating on the same squad during the period June 1 - July 31.

4.2.4. There is no limit on the number of lacrosse squad members from the same school participating on the same squad during an additional period from September 1 - December 31 **for a maximum of two lacrosse tournaments per individual or team** provided each tournament 1) has a format by which a game is played by two teams each consisting of not more than 7 players, one of whom must be the goalkeeper; 2); does not exceed 5 games in total per team; 3) each game does not exceed 40 minutes in length; and 4) is played in a single day. **Effective for 2016-17, this provision will be eliminated from the Boys Lacrosse Regulations and all provisions of non-scholastic participation in the OHSAA General Sports Regulations will be enforced.**

OHSLA - Boys Lacrosse Regulations 2015 - 2016

- 4.2.5. A player may continue to play with a non-interscholastic squad in a national qualifying tournament in excess of the five player limitation after July 31st until the squad is eliminated but no later than Labor Day.
- 4.2.6. Non-interscholastic participation includes tryouts, training, practice and competition; and applies to all formats of lacrosse, including, but not limited to 7 on 7 and 5 on 5.
- 4.2.7. **Indoor lacrosse** shall be defined as a game played by two teams each consisting of not more than 7 players, nor fewer than 2 players, one of whom must be the goalkeeper, and played indoors between September and the day before the first day of coaching for the interscholastic season is permitted. The number of interscholastic lacrosse players from the same school/club on a non-interscholastic squad for **indoor** lacrosse is limited to a maximum of **5 players** on the roster of that non-interscholastic squad.

EXCEPTION: The number of interscholastic lacrosse players from the same school/club on a non-interscholastic squad of an **indoor** lacrosse roster can be *unlimited* provided none of the interscholastic coaching staff, paid or unpaid, is coaching the indoor team. **Effective 2016-17, this EXCEPTION to 4.2.7 will be eliminated from the Boys Lacrosse Regulations and all provisions of non-scholastic participation in the OHSAA General Sports Regulations will enforced.**

- 4.3. A student may not play in a non-interscholastic lacrosse contest, game or scrimmage, while a member of the school/program lacrosse squad, until the student's team has completed its schedule. This includes tournaments when applicable.
- 4.4. In accordance with OHSAA General Sports Regulation 7.5, interscholastic lacrosse coaches are prohibited from coaching members of their own interscholastic squad members in non-interscholastic lacrosse except for 10 days from June 1-July 31. **The 10 day limitation applies to the entire coaching staff. Each individual coach is not entitled to 10 different days of coaching. Ten days refers to any amount of time utilized during those 10 days (i.e. the regulation does NOT permit 240 total hours of coaching 10 days of 24 hours each).** Exceptions 1 and 2 of OHSAA General Sports Regulation 7.5, also applies to lacrosse coaches with a limitation on the number of players from the same school/club on a roster of a non-interscholastic squad as defined in 4.2.1 of these Regulations. **Effective 2016-17, the following EXCEPTION 1 and 2 will be eliminated from the Boys Lacrosse Regulations and all provisions of non-scholastic participation in the OHSAA General Sports Regulations will enforced.**

4.4.1 EXCEPTION 1 – From September 1 – December 31, interscholastic coaches may coach members of their own interscholastic teams without the player limitation for non-interscholastic squad for a **maximum of two lacrosse tournaments per team or individual** provided each tournament 1) has a format by which a game is played by two teams each consisting of not more than 7 players, one of whom must be the goalkeeper; 2) does not exceed 5 games in total per team; 3) each game does not exceed 40 minutes in length; and 4) is played in a single day. This Exception applies to the entire coaching staff. Each individual coach is not entitled to 2 different tournaments of coaching.

4.4.2 EXCEPTION 2 – for indoor lacrosse played from September until the day before the first day of coaching for the interscholastic season is permitted, interscholastic lacrosse coaches may coach members of their own interscholastic teams provided the limitation on the number of players from the same school/club on a roster of a non-interscholastic indoor squad, as defined in 4.2.1 of these Regulations, is maintained.

OHSLA - Boys Lacrosse Regulations 2015 - 2016

5.0. Instructional Programs, Physical Fitness Programs, and Open Gymnasium or Facilities

- 5.1. See *Regulations for Instructional Programs* under Section 8 of the OHSAA General Sports Regulations.
- 5.2. See *Physical Fitness Programs* under Section 9 of the OHSAA General Sports Regulations.
- 5.3. See *Open Gymnasium or Facilities* under Section 10 of the OHSAA General Sports Regulations. For the OHSLA, all teams/schools are considered a “Member School” regardless of team composition or status in the OHSLA. Open Gym, for the OHSLA, also extends to outdoor functions (aka “Open Net” or “Fall Ball”). The penalties defined in Section 10.2 and 10.4 of the OHSAA General Sports Regulations apply to all OHSLA member teams.

6.0. No Contact Period — Coaches

See *Regulations for No Contact Period — Coaches* under Section 11 of the OHSAA General Sports Regulations.

7.0. Penalties

- 7.1. The maximum penalty for violation of OHSAA Sports Regulation 7.8 (participation with a non-interscholastic lacrosse squad while a member of the school’s/club’s interscholastic lacrosse squad) or any OHSAA (or OHSLA) regulations for any member of the school squad EXCEPT a senior is ineligibility for the remainder of the interscholastic lacrosse season or the ensuing lacrosse season. For a senior, the maximum penalty shall be ineligibility for the remainder of the school year.
- 7.2. The penalty for a coach for violation of OHSAA Sports Regulation 7.8 (non-interscholastic teams), or these Boys Lacrosse Regulations 4, may include suspension, probation, public censure, fine not to exceed \$1,000 per occurrence or such other penalty as the OHSLA Commissioner may deem appropriate.

8.0 Pupil Activity Program/Coaching Permit – Effective 2016-17, all coaching requirements will be defined and administered by the OHSAA.

- 8.1 All Division I and II coaches, and 7th-8th grade school sponsored team coaches, paid and volunteer, shall meet the criteria established by the State Board of Education. For more information, visit the Coaches Corner on the OHSAA website (www.ohsaa.org) or <http://education.ohio.gov/Topics/Teaching/Educator-Licensure/Audiences/Coaching-Permits>
- 8.2 Effective in 2015, all HS Club coaches, and 7th-8th grade non-school sponsored team coaches, paid or volunteer, shall meet the same criteria established by the State Board of Education as stated in 8.1 above.
 - 8.2.1 HS Club coaches, and 7th-8th grade non-school sponsored team coaches shall use the same ODE application/process used for the Division I and II coaches. However the completed form must be submitted to the OHSLA instead of the ODE. Further, the signature of a Club Officer is required instead of the school district superintendent. DO NOT submit the application to the school district or ODE.

OHSLA - Boys Lacrosse Regulations 2015 - 2016

EXCEPTION: For HS Club coaches, and 7th-8th grade non-school sponsored team coaches only - US Lacrosse Level 1, 2 or 3 Coaching Certification may be used to supplement some of the ODE requirements. A coach may substitute the ODE NFHS Fundamentals of Coaching and the background checks by providing a current US Lacrosse membership number and Coaching Certification. Both the US Lacrosse number and coaching certificate must be valid through at least June 15 of the current lacrosse season and kept current for each subsequent OHSLA lacrosse season. All other ODE requirements must be fulfilled.

8.2.2 The OHSLA will not charge a fee for processing the OHSLA Coaching Permit. The club/coach is responsible for all the other fees incurred for the background checks, classes and other certifications as required.

8.3 Penalties for Failure to Acquire High school and 7th-8th grade coaches who do not possess the Pupil Activity Program/Coaching Permit shall not be permitted to coach at any level at an OHSLA member school/team. Further, high schools/teams shall submit to the **OHSLA the name of each board approved coach along with the Pupil Activity Program/Coaching Permit number**. Submission of this information can be handled with secured access directly to the OHSLA web site (www.lacrosse-ohio.com). Further, any high school coach who does not possess this Permit at the first level of the tournament shall not be permitted to coach at any level of the tournament until such time that the Permit is obtained and verification of such permit is provided to the OHSLA. Falsification of this information shall result in a coach's removal from the OHSLA tournament.

Note: It is the intention of the OHSLA to perform random audits of these permits throughout the school year and to fine schools/teams that have not complied with the regulation in the amount of \$250 per coach.

B. SPECIFIC REGULATIONS — Grades 9-12

- 1.0. Coaching and instruction may begin — **February 22, 2016 (Acclimation Period) and February 29, 2016 (Full Practices)**.
- 2.0. First game — **March 18, 2016**.
- 3.0. Deadline date for OHSLA Tournament (withdrawals only) — May 1st. Withdrawals must be submitted to the Commission in writing (email notification is acceptable).
- 4.0. Tournament draw/seeding meeting — **May 15, 2016 (time/location TBD)**
- 5.0. Coaching and Season end — **June 11, 2016**.
- 6.0. Scrimmages— Maximum of 3 scrimmages. **Scrimmage may be played after the school/club involved has played a regular season game provided all teams involved consider it a scrimmage.**
- 7.0. Season contests permitted —
 - 7.1. Varsity - 18, plus the OHSLA Tournament;
 - 7.2. Reserve, JV and Freshmen - 16, plus one post-season tournament not to exceed 4 games.

OHSLA - Boys Lacrosse Regulations 2015 - 2016

- 7.3. **All games played shall be counted.** Any type of athletic activity involving participants from a member school and another school or non-interscholastic team is categorized as a game, preview or scrimmage. A practice involving two or more school squads is also an athletic contest. Tournaments such as the Midwest and TALA count as games and count toward these limits. (See *Athletic Contests* under Section 24 of the OHSAA General Sports Regulations for more information).
- 7.4. **Game may be played at any level (varsity, reserve, junior varsity or freshman) after the school/club has played an OHSLA Tournament game provided officials will assign priority to Tournament games.**
- 7.5. Contests between different levels of 9-12th grade teams (e.g. varsity vs. reserve) are permitted and count toward each team's respective contest limit. Only contests between two varsity level OHSLA teams are considered in the Seeding/Ranking process. No contests are permitted between 7-8th grade teams and any level of 9-12th team.
- 7.6. Final schedules for all levels of play must be submitted (posted online at lacrosse-ohio.com) to the OHSLA by January 31. The OHSLA site is the official schedule for all teams and must be kept up to date. Each regional official assigning authority will publish policies and procedures for posting games and accessing/updating their respective sites which shall include the following:
- 7.6.1. No changes/additions to regular season schedules, including changes to dates, times, opponents or locations, are permitted after March 1, without the mutual consent of the participating schools/clubs.
- 7.6.2. Any changes/additions, including, but not limited to changes to dates, times, opponents and locations regardless of the cause or reason posted after March 1, will be handled only after all other regional assignments are fulfilled and are subject to the 1) approval by the OHSLA approved regional assigning authority; 2) availability of certified officials; and 3) additional assigning fees.
- EXCEPTION:** Any additional assigning fee shall be waived in the event a game has been canceled, or interrupted/suspended, because of circumstances which are beyond the control of the responsible administrative authority (e.g., weather).
- 7.6.3. Any game canceled after the start of the regular season which are **not** being canceled because of circumstances beyond the control of the responsible administrative authority, will be subject to a cancellation fee payable to the regional assigning authority.
- 8.0. Rules — NFHS Boys Lacrosse.
- EXCEPTION:** Alternative format - **non-Varsity** contests may be played using a 7 vs. 7 configuration if agreed to by both head coaches, and officials are informed prior to the start of the contest. This format consists of six field players and one goalie per team. Two players must remain on the offense side of the field and three players must remain on the defensive side of the field. All other rules of the game are unchanged. All Boys Lacrosse Regulations, including, but not limited to, the number of officials and applicable fees for a non-varsity games apply to this format. This provision is not intended to expand the number of non-varsity contests, but rather provides an option for those teams with a limited non-varsity roster an opportunity for those developing players.
- 9.0. Officials – all officials must be assigned to the contest – scrimmage, preview or game - through one of the four OHSLA approved regional assignors.

OHSLA - Boys Lacrosse Regulations 2015 - 2016

- 9.1. Home Team – in addition to responsibilities noted in the NFHS rules and , the home team shall:
 - 9.1.1. Contract with, and render payment to, the assigned contest officials unless the teams involved provide alternative arrangements in advance.
 - 9.1.2. Communicate and confirm in a timely manner with the assignor and the assigned officials any changes to the contest (e.g., start time, location, or opponent).
 - 9.1.3. Before, during and after the contest keep spectators from the field, or in designated spectator areas, and provide supervision of parking and safe conduct of contest officials and visiting teams from the contest area.
 - 9.2. Varsity — Minimum of three US Lacrosse Men’s Division certified officials required. Teams may not request fewer officials and must be prepared to pay for the required minimum number of officials. However, if only two officials are present to officiate the contest, the game may be played if participating coaches/administrators agree. Regardless of number officiating, all must be US Lacrosse Men’s Division certified. ALL OHSLA Tournament games must be played with a minimum of three US Lacrosse Men’s Division certified officials.
 - 9.3. Reserve/Junior Varsity/Freshman — Minimum of two US Lacrosse Men’s Division certified officials required. Teams may not request fewer officials and must be prepared to pay for the required minimum number of officials. If only one official is present to officiate the contest, the game may not be played and the requirement cannot be waived by mutual consent of the teams/coaches involved unless 1) the participating site administrator (AD or their designate); 2) the official present; and 3) both head coaches involved all agree to allow it to be played. The use of a single official on a reserve/junior varsity/freshman game is not recommended and should only be used, if ever, in extremely rare circumstances. The single official present is not obligated under any conditions to accept the contest and has every right, in their sole discretion, to cancel it the without further discussion or input from the administrator or head coaches involved. The single official present shall be paid their fee whether or not the game is played. Regardless of number officiating, all must be US Lacrosse Men’s Division certified.
- 10.0. Mandatory Attendance at OHSLA-Sponsored Rules Interpretation Meetings
- 10.1. Any team/school must have the head varsity coach or assistant varsity coach or the athletic administrator attend or participate in an OHSLA-sponsored state rules interpretation meeting for lacrosse in order for that team/school to be eligible to enter the OHSLA-sponsored tournament.
 - 10.2. Those attending a meeting in person will be responsible to be in attendance within 10 minutes of the start of the meeting and remain until the conclusion of the meeting to receive credit for attendance.
 - 10.3. For 2016, all Division I and Division II head varsity coaches will also need to complete an on-line OHSA rules course before the scheduled date for the OHSLA Tournament Seeding Meeting. The details for this on-line course will be sent to all coaches under separate cover prior to the start of the 2016 season.
- 11.0. OHSLA Tournament.
- 11.1. The OHSLA sponsors the state Boys Lacrosse Tournament. Each OHSLA member school/club is eligible for tournament participation regardless of regular season performance. All tournament games will be conducted in accordance with the rules of OHSLA and the current OHSLA Boys Lacrosse Regulations. The OHSLA Commissioner is the final authority on all questions and situations arising from the regulations and the management of boys lacrosse tournament. The form and format of the tournament, including play-in games, will be determined by the OHSLA Athletic Director Council (ADC) and will be published separately prior to the start of the season.

OHSLA - Boys Lacrosse Regulations 2015 - 2016

11.2. Divisions – the OHSLA uses the male population in grades 9-11 as reported by the State Department of Education and posted to the OHSAA web site Divisional breakdowns will, at minimum, be recalculated in the fall of 2015 for school years for school years 2015-2017. All teams will be classified on or before November 30 as follows for the 2016 season:

11.2.1. Division I – school varsity or school clubs with 486 or more boys.

11.2.2. Division II – school varsity or school clubs with 485 or fewer boys.

11.2.3. Club – the remaining teams without any school sponsorship/recognition

C. SPECIFIC REGULATIONS — Grades 7 & 8

1.0. Coaching and instruction may begin — **February 22, 2016 (Acclimation Period) and February 29, 2016 (Full Practice).**

2.0. First game — **March 18, 2016.**

3.0. Coaching and Season end — **June 11, 2016.**

4.0. Scrimmages — Maximum of 2 scrimmages. **Scrimmage may be played after the school/club involved has played a regular season game provided all teams involved consider it a scrimmage.** Scrimmage limitation applies separately to each level of team – 7th/8th or “A”/“B”.

5.0. Season contests permitted — 14, plus one post-season tournament not to exceed 4 games. All games played shall be counted. Contest limitation applies separately to each level of team – 7th/8th or “A”/“B”. (See **Athletic Contests** under Section 24 of the OHSAA General Sports Regulations).

6.0. Rules — NFHS Boys Lacrosse and Youth Council Rules for U-15, modified as follows:

Grade/Age - Open only to students in 7th and 8th grades. No student in 6th grade or below may participate regardless of age. If a student enrolled in grade 7 or 8 attains the age of 15 before August 1, the student shall be ineligible to participate in 7th & 8th grade lacrosse for the school year commencing in that calendar year.

6.1. Length of the game – Games will consist of four 10-minute stop-time quarters or four 8-minute stop-time quarters. (See Section 1.9.3 of the OHSLA Boys Lacrosse Regulation for details). Also see Section 1.9.4 for Alternative time-keeping.

6.2. Play of the Game

6.2.1. No overtime will be played at this level (See Section 1.10 of the OHSLA Boys Lacrosse Regulations for details)

6.2.2. There is running clock in the second half if the score differential reaches 12 goals or more (Rule 3, Section 1, Art. 2) **unless** a) the game is being played with 8-minute stop-time quarters; and b) both coaches agree in advance to waive this rule.

6.3. Personal Foul –

6.3.1. Player/Coach Ejection – **See Rule 3.0 of the OHSLA Boys Lacrosse Regulations.**

6.3.2. For illegal stick (Rule 5, Section 4) 2:00 minute non-releasable (not 3:00 min.).

6.4. Waive all same color equipment rules, except uniform jersey. Jersey does not have to meet the NFHS uniform specifications, but all players on the team must wear the same colored jersey.

7.0. Officials – all officials must be assigned to the contest – scrimmage, preview or game - through one of the four OHSLA approved regional assignors.

7.1. Home Team – in addition to responsibilities noted in the NFHS rules and , the home team shall:

7.1.1. Contract with, and render payment to, the assigned contest officials.

7.1.2. Communicate and confirm in a timely manner with the assignor and the assigned

OHSLA - Boys Lacrosse Regulations 2015 - 2016

officials any changes to the contest (e.g., start time, location, or opponent).

7.1.3. Before, during and after the contest keep spectators from the field, or in designated spectator areas, and provide supervision of parking and safe conduct of contest officials and visiting teams from the contest area.

7.2. Minimum of two US Lacrosse Men's Division certified officials required. Teams may not request fewer officials and must be prepared to pay for the required minimum number of officials. However, if only one official is present to officiate the contest, the game may be played if participating coaches/administrators agree. Regardless of number officiating, all contest officials must be US Lacrosse Men's Division certified.

D. **MISCELLANEOUS** - In the event of a conflict between these Boys Lacrosse Regulations and the OHSLA or OMSLA Bylaws, these regulations shall prevail.

OHSLA - Boys Lacrosse Regulations 2015 - 2016

Year begin each September (Tuesday after Labor Day)
The Calendar is subject to change by the OHSLA Athletic Director Council

Lacrosse (Grades 9-12)	2015-16	2016-17	2017-18	2018-19
Annual Meeting/Fee Due	Nov/Dec (TBD)	Nov/Dec (TBD)	Nov/Dec (TBD)	Nov/Dec (TBD)
Final Schedules Posted	1/31	1/31	1/31	1/31
Rules Interpretation Meeting	Feb (TBD)	Feb (TBD)	Feb (TBD)	Feb (TBD)
Coaching Begins (Acclimation)	2/22	2/20	2/19	2/18
First Date for Full Practice	2/29	2/27	2/26	2/25
Rosters Posted	3/15	3/15	3/15	3/15
Season Begins (first game)	3/18	3/17	3/16	3/15
Easter	3/27	4/16	4/1	4/21
Last game for Seeding	5/14	5/13	5/12	5/11
Seeding/Awards Meeting	5/15	5/14	5/13	5/12
OHSLA TOURNAMENT				
DI & DII Play-in Games	5/17	5/16	5/15	5/14
DI – 1 st Round	5/18	5/17	5/16	5/15
DII - 1 st Round	5/19	5/18	5/17	5/16
DI – 2 nd Round	5/20	5/19	5/18	5/17
DII - 2 nd Round	5/21	5/20	5/19	5/18
DI & DII & 3 rd Round	5/25	5/24	5/23	5/22
DI & DII Regional Finals	5/28	5/27	5/26	5/25
Memorial Day	5/30	5/29	5/28	5/27
DI & DII Semi-Finals	6/1	5/31	5/30	5/29
D1 & DII Finals	6/4	6/3	6/2	6/1
Season Ends	6/11	6/10	6/9	6/8
Coaches No Contact Period	8/8 – 9/5	8/7 - 9/4	8/6 – 9/3	8/5 – 9/2
Lacrosse (Grades 7-8)	2015-16	2016-17	2017-18	2018-19
Annual Meeting/Fee Due	Nov/Dec (TBD)	Nov/Dec (TBD)	Nov/Dec (TBD)	Nov/Dec (TBD)
Final Schedules Posted	1/31	1/31	1/31	1/31
Rules Interpretation Meeting	Feb (TBD)	Feb (TBD)	Feb (TBD)	Feb (TBD)
Coaching Begins (Acclimation)	2/22	2/20	2/19	2/18
First Date for Full Practice	2/29	2/27	2/26	2/25
Rosters Posted	3/15	3/15	3/15	3/15
Season Begins (first game)	3/18	3/20	3/19	3/18
Easter	3/27	4/16	4/1	4/21
Last game for Seeding	5/7	5/6	5/5	5/4
OMSLA Tournament	5/14 - 5/15	5/13 – 5/14	5/12 – 5/13	5/11 – 5/12
Season Ends	6/11	6/10	6/9	6/8
Coaches No Contact Period	8/8 – 9/5	8/7/ - 9/4	8/6 – 9/3	8/5 – 9/2