

California District 42 Pitch Count Log / Game Record



League Age 14 and Under	Required Days of Rest:	League Age 15 and Over
Pitches Thrown: (per day)		Pitches Thrown: (per day)
1 - 20	0 Days	1 - 30
21 - 35	1 Day	31 - 45
36 - 50	2 Days	46 - 60
51 - 65	3 Days	61 - 75
66+	4 Days	76+

League Age	Maximum Pitches Allowed per Day:
7 - 8	50 Pitches
9 - 10	75 Pitches
11 - 12	85 Pitches
13 - 16	95 Pitches
17 - 18	105 Pitches

DATE: _____

DIVISION: _____

Reg. VI (a) - Any player on a regular season team may pitch. *Exception: Any player, who has played the position of catcher in any part of four or more innings in a game, is not eligible to pitch on that calendar day.*

Reg. VI (c) - NOTE: A pitcher who delivers 41 or more pitches cannot play the position of catcher for the remainder of the day.

EXCEPTION: If a pitcher reaches a day(s) of rest threshold while facing a batter, the pitcher may continue to pitch until that batter reaches base; or that batter is retired or tth third out is made to complete the half-inning. The pitcher will only be required to observe the calendar day(s) of rest for the threshold he/she reached during that at-bat, provided that pitcher is removed before delivering a pitch to another batter.

EXCEPTION: If a pitcher reaches the Max # of pitches for his/her league age while facing a batter, the pitcher may continue to pitch until the batter reaches base, is put out, or the half inning ends.

Minor and Major players may NOT pitch in more than ONE game in a Day.
 Junior and Senior players may pitch in up to two games in a day. IF a pitcher throws more 31 or more pitches in the first game he/she may not pitch in a second game that day.
 Big League players may pitch in up to two games in a day.

Innings caught - Enter catcher's jersey number for each inning below.									Score
HOME TEAM	1	2	3	4	5	6	7	8	

Pitcher's Name	No.	League Age	Draw an "X" through the number of the first pitch thrown to each batter. Cross out the number as that pitch is thrown Circle the number for the last pitch thrown in each half-inning.																																			Total Pitches	Days of Rest Required	Eligible to pitch on:
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35			
			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70			
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105			

Innings caught - Enter catcher's jersey number for each inning below.									Score
VISITING TEAM	1	2	3	4	5	6	7	8	

Umpire's Signature: _____

MGR: _____ MGR: _____

Pitcher's Name	No.	League Age	Draw an "X" through the number of the first pitch thrown to each batter. Cross out the number as that pitch is thrown Circle the number for the last pitch thrown in each half-inning.																																			Total Pitches	Days of Rest Required	Eligible to pitch on:
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35			
			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70			
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105			