



Recreational League ("REC Ball") Rules

(Previously in Coach's Handbook)

Colt-Palomino (15-17 Yr Old) Division Ground Rules

BSWB has elected to include 17 year old players in the Colt Division and has created a combined Colt-Palomino Division.

Listed below are additions to the "PONY Baseball RULES AND REGULATIONS". These ground rules are intended to clarify play in the Colt-Palomino Division. The Rules and Regulations of PONY Baseball can be viewed in their entirety at www.pony.org.

Practices

Practices shall be limited to 3 per week before the season and 1 per week during the season. Teams are restricted to 3 activities (games and practices) per week. Practices shall be limited to two (2) hours maximum per session. Any meeting of the team with the manager or coach will be considered a practice. Violation of this rule could entail manager probation or dismissal. Batting practice on game day is not considered a practice.

Game Preliminaries

The home team will provide the official scorekeeper and post scores on the BSWB Scorecard. The visiting team will provide a scoreboard operator to work in conjunction with the official scorekeeper. The operator will be required to pick up the scoreboard remote and leave their driver's license as a deposit. After each game, the manager or coach of each team and the umpire-in-chief will sign the official scorecard, which will serve as the official record of innings played in the game by each player.

The home team will be responsible for putting out the bases and chalking the field. The visiting team will be responsible for raking, watering, and cleanup after their game (this includes Saturday games).

The inability of either team to place eight (8) players on the field before the game begins or anytime during the game is an automatic forfeit.

All team members on the roster for that game will be listed in the batting order. All players will bat according to this batting order. Players arriving late to a game will have their names placed at the bottom of the batting order. Any player removed from the batting order for any reason will be counted as an automatic out during that player's next turn at bat only.

The home team shall occupy the third base dugout. Only team members, manager, and coaches are permitted in the dugout during games. The manager and "coach of record" are to remain inside the dugout, or coach's box during games. No alcohol, profanity, or use of tobacco in any form is allowed. No bat persons are allowed. A maximum total of one manager and two coaches per team shall be allowed in the dugout during each game.

The manager shall fill out and turn in lineup sheets, in duplicate, ten (10) minutes prior to game time. The lineup sheets shall include each player's full name, number and the remaining eligibility of each pitcher. One copy is to be given to the official scorekeeper and the second copy to the opposing team's manager. Notification of any team members ineligible to play in the game will also be given at this time.

Each team will be allowed a maximum of ten (10) minutes of warm-up on the field (time permitting) with the visiting team taking infield practice first.

The manager shall be responsible for the conduct of team players and their parents, at all times during practices and games. The use of alcohol or tobacco by any parent or spectator is prohibited.

ALL players will wear SW Logo hats*, issued Jerseys*, and matching pants, belts and socks during games. (Note* Only "issued" hats and jerseys are allowed. No custom-made hats or Jerseys are allowed, and may only be modified with Players names or numbers.)

Catchers shall wear catcher's helmet, mask, and throat protector (Hockey-style masks have the throat protector incorporated in their design).

Batters and Base Runners shall wear approved Batting Helmets, and shall not remove them until they return to the dugout.

It is strongly recommended that all players wear Athletic Supporters with Protective Cup. Catchers are required to wear a protective cup.

A player warming up a pitcher on the field or in the bullpen must wear a catcher's protective helmet and mitt.

The one-foot in the batter's box shall be enforced as stated in the Official Rules of Major League Baseball (Rule 6.02(d)).

No ball buckets are allowed on playing field during games.

Game Rules

Every player on a team roster will participate in each game for a minimum of nine (9) defensive outs. Each player present for the start of any game must play three (3) of the first five (5) innings of each game. Penalty: The player(s) involved shall start the next scheduled game and play any previous requirement not completed and the requirement for the current game before being removed. The manager will receive a one game suspension. A suspended manager shall be permitted to be a spectator of a game involving the team of which he is the manager.

Managers and/or Coaches are not allowed to question judgment calls by an umpire. Only the Manager is allowed to question a rule interpretation. The manager must ask for time before leaving the dugout, and may only approach the Home Plate Umpire.

Whenever one team has a lead of ten (10) runs after five (5) innings, the 10 run rule will be in effect.

Pitching Rules

Each pitcher may pitch a maximum of 7 innings per game. The limit is 10 per week (the week runs from Monday to Sunday). One pitch (not warm-up) constitutes an inning. A pitcher who pitches in four (4) or more innings on a day must then have two calendar days of rest before pitching again. Once removed, a pitcher may enter the game at a different position, however is not eligible to pitch again in that game. A calendar week is from 00:01 on Monday through 12:00 the following Sunday.

Time Limit

No inning shall start after one (1) hour and forty-five (45) minutes of regular play, with tie games counting as 1/2 win for each team. A game shall be considered complete after passing the time limit. The Chief Umpire should inform the official scorekeeper of the official start time at the beginning of each game. Games are a maximum of 7 innings.

Post-Game Cleanup

Team players, manager, coaches, and parents shall pick up litter on and around the field and seating area after each game. The visiting team manager for the last game of the day is responsible for taking up and storing the bases and other equipment. Failure to do so will result in the manager's name being turned in to the Board of Directors by the Director-on-duty. The team will lose its next practice session as a penalty. A manager's name being turned the second time will mean a one game suspension.