

**2015-2016 Girls Hockey
Eligibility
Meeting**

October 19, 2015 – 6:30 pm



“Why We Play”

- <https://www.youtube.com/watch?v=ukJS8H8JIVo&feature=youtu.be>

Mr. Skogerboe's Purpose Statement

I'm an Activities Director so I can help coaches teach student-athletes life lessons and how to deal with life lessons in a mature manner. I want students to understand that being a winner is a "state of mind" because no matter the outcome, you're staying committed to a goal and leading people to this goal in an ethical manner.

Coach Peterson's Purpose Statement

I coach to teach. To teach responsibility, respect and passion for not only their sports but life, family, and school as well.



“Why We Play” Video

- The Goal for our program is to win games, conference and state championships.
- This, however, isn't our Purpose.
- Our Purpose is to develop skills in the students that will help them be successful in life.
- This takes intention and focus.
- And it takes clear expectations and support for coaches.
- We don't get to determine who participates in our programs. We will try to help students become better athletes and through that process, and if we are intentional, we will grow better equipped human beings.

Purpose



**We Prepare, Plan & Play to 'win'
But the 'win' is not our PURPOSE**

Education is our PURPOSE





Spring 2015:

- New Prague High School Activities Dept. purchased the following book for each “program”:

“InSideOut Coaching: How Sports Can Transform Lives”

- Joe Ehrmann

- ***The book is about becoming a “Transformational” coach/leader/person rather than becoming a “Transactional” coach/leader/person.***



2015-2016 Season

1- Game Schedules Online:

www.wcconference.org

**2- Thanksgiving Tournament:
trying to find a 4th varsity team.**



Changes in 2015:



- **Game Admissions:**

- ALL K-12 New Prague students are FREE to ALL athletic events!
- Adult Passes = \$60 (individual) or \$80 (Co-Adult)

- **Hockey Fee: \$290 (was \$265); \$475 Family Cap (was \$425)**

- Refunds (due to injury, etc.) are prorated.

- **New Registration System: TIES FeePay**

- <http://www.npaschools.org/npas-begins-rolling-out-feepay>

- **Post-Season Student-Athlete On-Line Evaluations**



All Athletes Need the Following:

- 1. Physical – every 3 years. A hard copy must be on file in the Activities Office!**
- 2. Everything else is embedded in the online registration process on our Activities website:
<http://www.npaschools.org/npas-begins-rolling-out-feepay>**
- 3. Fees Paid (\$290 - \$475 Family Cap).**

**PLEASE TAKE CARE OF PRIOR TO
OCTOBER 26th!**

CALL (952) 758-1227 WITH QUESTIONS!



KIM PENKERT, ATC

- **Services contracted through Mayo Clinic Health System**
 - **Office Hours: 2:30 pm – 5:30 pm**
 - **All “home” events – NOT HOCKEY in 2015-2016!**
- **Appropriate Health Care Professional (AHCP)**
 - **i.e. she determines return to play!**

Concussion Management

- Minnesota Statute – June, 2011
 - As a result:
 - 2011: All coaches (paid or volunteer) “**must**” complete a concussion training module on the MSHSL website.
 - 2012-2013 : All 9-12 grade coaches (paid or volunteer) “**must**” complete a Continuing Education Requirement.
 - Concussion Management is embedded in the CER.

Concussion Management

- Effective August 1, 2014:
 - **ALL COACHES (PAID OR VOLUNTEER) MUST COMPLETE THE FOLLOWING INTERACTIVE MODULES:**
 - “Why We Play” (40:00)
 - “Concussions & the Return to Play Protocol” (20:00)
 - “Coaching for Change” (45:00)
 - Goal is to “create a heightened awareness of your team culture and the social norms that are shaping student athlete’s attitudes and behaviors related to teen dating violence, sexual assault, and sexual harassment. With this increased awareness, coaches can positively impact the lives of their athletes”.

Concussion Management

NPHS STEPS

- **ImPACT Testing – YEAR #5**
 - Thanks to Mayo Clinic Health System – New Prague
 - All 9-12 grade “contact” sport athletes must take the baseline test (free of charge).
 - Football; Gymnastics; Wrestling; Cheerleading; Soccer; Basketball; Swimming/Diving; & Hockey.
- **Return to Play Protocol**
 - *“WHEN IN DOUBT, SIT THEM OUT!”*

Trojan Communications...

School Website:



<http://nphsathletics.sportngin.com/>



Trojan Communications...

(Cont.)



Parent Notification E-mails!

- Instructions on the “Schedules” tab on the Activities website.



IMPORTANT POINTS:



- #1 Student-Athletes are students first!
 - Grades will be checked at Mid-term & End of Semester.
- #2 TRANSFERS – please talk to me after the meeting.
- #3 **Student Code of Responsibilities:**
 - I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
 - I will be fully responsible for my own actions and the consequences of my actions.
 - I will respect the property of others.
 - I will respect and obey the rules of my school and the laws of my community, state, and country.
 - I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state, and country.
 - **A student whose character or conduct violates the Student Code of Responsibilities or is suspended or expelled is not in good standing and is ineligible for a period of time as determined by the principal. While a student is not in good standing, a student may not serve any penalty for MSHSL Bylaw violations.**

2015-2016 Academic Timeline

Mid-Semester #1	November 5, 2015
End of Semester #1	January 15, 2016
Mid-Semester #2	March 17, 2016
End of Semester #2	May 26, 2016

ALL Athletes MUST be passing “all” courses on these dates to maintain their academic eligibility!

CHEMICAL VIOLATIONS:

CHEMICAL/TOBACCO/CONTROLLED SUBSTANCE VIOLATIONS: (D & E were new language in 2014)

- D.use or consume, have in possession, buy, sell, or give away products containing or products used to deliver nicotine, tobacco products and other chemicals. “Tobacco products” means: any product containing, made, or derived from tobacco that is intended for human consumption, whether chewed, smoked, absorbed, dissolved, inhaled, snorted, sniffed, or ingested by any other means, or any component, part or accessory of a tobacco product; or,
- E.use or consume, have in possession, buy, sell, or give away any substance or product where the intent of such use of the substance or product is to induce intoxication, excitement, or stupefaction of the central nervous system, except under the direction and supervision of a medical doctor. Such substance or products shall include, but are not limited to, synthetic drugs, gasoline, glue, aerosol devices, bath salts, and any substances addressed by Minnesota or Federal law.



CHEMICAL PENALTIES:



- **1st Violation:** 2 Weeks or 14 calendar days (whichever is greater)
- **2nd Violation:** 3 Weeks or 21 calendar days (whichever is greater)
- **3rd Violation:** 4 Weeks or 28 calendar days (whichever is greater)
- **Couple of Points:**
 - #1** Penalties are cumulative (starting with 7th Grade year).
 - #2** Student-athletes must be in “good standing” in order to serve/complete their penalty. (*i.e. Can't serve their Chemical Violation until they are “academically” eligible.*)
 - #3** Denial Disqualification – additional 9 weeks.



Attendance/Behavior Standards

- Students excused due to illness must be in school by the beginning of fourth period (10:30 am) and remain in class for the remainder of the day in order to be eligible to practice or participate in activities that day.
 - If the nurse sends a student home, he/she is **NOT** eligible to participate in athletics/activities that evening.
 - Students with an "excused" absence are allowed to practice, compete, or perform.
 - Students with in-school, or out-of-school suspensions, may **NOT** practice, compete, or perform in activities on days of suspension.
 - Students with an unexcused absence for **ANY** hour of the day may not practice, compete, or perform on that day.
 - Students with detentions may practice, compete, or perform in athletic/activities contests after serving their detention time after school.
- If a student should practice, compete, or perform on a day when he/she is ineligible, he/she will be held out of the next equivalent practice, competition, or performance.



New Prague Activities Chain of Command:



Player contacts Coach



Parents contact Coach



Parents contact Activities Director



Parents contact High School Principal



Parents contact Superintendent of Schools



Parents contact School Board

TROJAN CAPTAIN EXPECTATIONS

- 1- Personal
 - 2- Toward Teammates & Managers
 - 3- Toward Coaching Staff
 - 4- Contest Expectations
 - 5- Activities Office Expectations:
 - CPR/AED Training
 - Establish Student Response Teams
 - Help Activities Dept. whenever necessary.
- Meeting will take place prior to start of season.
 - Captains should schedule a date/time with me.



Mr. Skogerboe's Core Values



- I will treat “all” programs and “all” students fairly!
 - I will be visible!
 - I will listen!
 - I will respect “all” people I deal with!
- I will communicate with all parties in a respectful/timely manner!



New Prague Activities Office

(952) 758-1226

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