



2021 Rochester Tournament Rules

Minnesota State High School League (MSHSL) rules will apply with the following exceptions:

Timing Factors

- All grades will play 18-minute running halves. The clock will stop during; time outs, the last 2 minutes of 2nd half and for free throws.
- Three minutes will be allowed at half time.
- Each team will be allowed three (3) - 60 second time outs per game.
- Overtime: The first overtime will be two (2) minutes with stop time. If another subsequent overtime is required, the first point wins.
- Each team is allowed one – 60 second time-out per overtime. No carry-over of time outs is allowed.
- A team must have 5 players to start a game. A team not available within ten (10) minutes of the game start time will forfeit that game.
- Games will NOT start more than 10 minutes ahead of scheduled game time no matter how far ahead that court is, unless both HEAD coaches agree upon it. Each team will be allowed at least a 5-minute warm-up.

Bench Rules

- Only one coach per bench is allowed to stand. Head coaches are allowed to stand to “coach” players and then must return to bench and remain seated. **Assistant coaches must always remain seated.**
- Refer to RCYBA Coach’s & Player Conduct Policy for additional behavior rules and player, coach spectator ejection policy.
- If a coach or parent has been ejected and refuses to leave the court and/or stands area, after being asked by an Official, Site Coordinator or Tournament Director, that game will result in a forfeit for their associated team. A warning will be issued to the head coach prior to resulting in a forfeit.

Equipment

- Game balls for 4th grade boys and girls will be the 27.5” basketball.
- Game ball for girl’s 5th – 8th grade and boy’s 5th – 6th grade will the 28.5” basketball.
- Game ball for boy’s 7th – 8th grade will be 29.5” basketball.
- In cases where both teams want to wear the same (or similar) colored jerseys, the bottom team on the bracket or on the right side will be considered the HOME team and must wear their dark jerseys--similar to Minnesota high school varsity games.
- Teams are responsible for their own first-aid supplies.

Playing Rules

- Free throws for 4th grade boys and girls will be from a 12’ line. All other grades will be from regulation free throw line.
- All flagrant, technical, and intentional fouls will result in 2 points being awarded to opposing team. No free throws. Refer to RCYBA Coach’s & Player Conduct Policy for additional information regarding technical fouls.
- The 4’ restricted arc area will not be used during this tournament.
- **All decisions made by officials are final. NO PROTESTS.**

Defense/Pressing

- 4th grade Teams: No full court defense permitted. Can only play person to person defense in front court. No zone defenses.
- 5th grade teams can only play person to person defense the full court. No zone defenses.
- 6th grade to 8th grade, there are no defensive restrictions.
- Person to person defense: the defensive player must be clearly defending an offensive player. The defensive player can play halfway between 3-point line and the basket. They can help defend as described in Pressing/Trapping
- Pressing: No pressing permitted if a team is ahead by 20 or more points. In 4th grade no pressing permitted at any time.
- Pressing/Trapping: When pressing **is not allowed**; once a player has clear control of the ball, the opposing team must fall back to the front court. The defense can pick up their player at half court, but they cannot trap or double team outside the 3-point arc. They can only trap or double team when a player is within the 3-point arc **AND** they are driving to the basket.
- For violations of pressing/trapping and defensive rules – a warning will be issued, second offense will result in a technical foul.