



Northwest Hockey League Balanced Ice Time Policy 2011-2012 Season

The following form is designed to inform all coaches of the changes made to the Balanced Ice Time (BIT) policy. Please review the information and sign below. All coaches will be required to follow BIT policies at all times.

1. There will be 4 defined points for BIT.
 - a. No power play lines
 - b. No penalty kill lines
 - c. Even line rotation though out the entire game.
 - d. BIT for goalies will be based on alternating full games, alternating periods or equal periods per number of goalies.

2. Enforcement of BIT. If after a formal investigation, the R&C committee determines that there was a violation of BIT the following suspensions will be issued to the head coach.
 - a. 1st offense ó 2 games
 - b. 2nd offense ó 4 games
 - c. 3rd offense ó remainder of the season including the NWHL tournament.

I have read the above statements and fully understand the policy and enforcement of the BIT policy.

Club: _____ Team: _____

Coach's Name (print): _____

Coach's Signature: _____ Date: _____

USA Hockey Coach's #: _____ Level: _____

Coach's Name (print): _____

Coach's Signature: _____ Date: _____

USA Hockey Coach's #: _____ Level: _____

Coach's Name (print): _____

Coach's Signature: _____ Date: _____

USA Hockey Coach's #: _____ Level: _____

Coach's Name (print): _____

Coach's Signature: _____ Date: _____

USA Hockey Coach's #: _____ Level: _____