

# APPLICATION FORM FOR CCC WRESTLING CAMP

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State \_\_\_\_\_ Zip: \_\_\_\_\_

Grade in school: \_\_\_\_\_

Age: \_\_\_\_\_ Weight: \_\_\_\_\_

## EMERGENCY CONTACT:

Name: \_\_\_\_\_

Number: \_\_\_\_\_

*In case of injury or illness, necessary treatment is authorized.*

Insurance company \_\_\_\_\_

Policy Number: \_\_\_\_\_

I hereby waive and release Clackamas Wrestling Camp from any and all liability and injuries or illness incurred while at camp. I authorize the said camp to act for me in any medical emergency, according to their best judgment.

Signature: \_\_\_\_\_

Home phone: \_\_\_\_\_

Shirt (circle one): Boys-S Boys-M Adult-S  
Adult-M Adult-L Adult-XL Adult 2XL

**NOTE:** Register now! A limited number of wrestlers will be accepted. Deadline is June 14.

Enclosed is \$75 cash/check/money order for my deposit. The balance due (\$75) will be paid upon my arrival at camp. Deposits are non-refundable. Make checks payable to Clackamas Wrestling. Send this application and deposit to:

## Clackamas Wrestling Camp

19600 Molalla Ave., Oregon City, OR 97045

VISA/Mastercard are accepted:

<https://give.clackamas.edu/wrestling-camp-registration>



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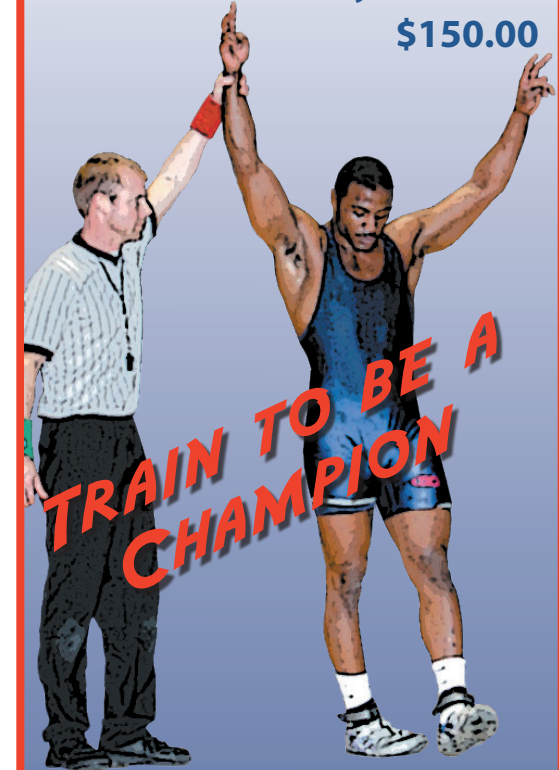
19600 Molalla Ave.  
Oregon City, OR 97045

# 2015 WRESTLING CAMP

June 22<sup>nd</sup> through June 25<sup>th</sup>

Randall Hall Gymnasium

\$150.00



## FEATURING:

**Kevin Roberts:** Oregon State University assistant coach,  
2x NCAA All-American

## OTHER POSSIBLE CLINICIANS:

**Josh Rhoden:** CCC head wrestling coach,  
2011 Coach of the Year & coach of 50 All-Americans

**Austin Morehead:** PAC 12 runner up,  
2x NJCAA national runner up

**Eleazar DeLuca:** CCC wrestler,  
2x NJCAA All-American, 2013 FILA Jr Champion

**Richard Jensen:** Emmy Award winner,  
motivational speaker and former Cougar wrestler



## About the Camp

Clackamas Wrestling Camp is a commuter camp for wrestlers interested in increasing their wrestling knowledge and skills to train like champions. Under the guidance of camp director Josh Rhoden, this camp features the very best of Clackamas Community College. Current and former Cougar wrestlers will serve as camp counselors and clinicians.

All camp sessions will focus on collegiate/folk-style wrestling with emphasis on mat wrestling and takedowns. Additionally, this camp will focus on becoming an ambassador for the sport with sessions that focus on citizenship, leadership, and decision-making. During our closing session, former Clackamas wrestler, Richard Jensen will share his inspirational story.



## SCHEDULE

### Day 1

- 8:30- 9 a.m. Drop off and check-in
- 9-10:30 a.m. Training session
- 10:30-11:00 a.m. Break and snack
- 10:45 am-12 p.m. Technique session
- 12-1 p.m. Lunch/games
- 1-2:30 p.m. Live drills & matches
- 2:30-3 p.m. Personal development session

### Day 2

- 8:30- 9 a.m. Drop off and check-in
- 9-10:30 a.m. Training session
- 10:30-11:00 a.m. Break and snack
- 10:45 am-12 p.m. Technique session
- 12-1 p.m. Lunch/games
- 1-2:30 p.m. Live drills & matches
- 2:30-3 p.m. Personal development session

### Day 3

- 8:30- 9 a.m. Drop off and check-in
- 9-10:30 a.m. Training session
- 10:30-11:00 a.m. Break and snack
- 10:45 am-12 p.m. Technique session
- 12-1 p.m. Lunch/games
- 1-2:30 p.m. Live drills & matches
- 2:30-3 p.m. Personal development session

### Day 4

- 8:30- 9 a.m. Drop off and check-in
- 9-10:30 a.m. Training session
- 10:30-11:00 a.m. Break and snack
- 10:45 am-12 p.m. Technique session
- 12-1 p.m. Lunch/games
- 1-2:30 p.m. Live drills & matches
- 2:30-3 p.m. Personal development session

## What to Bring

- ◆ **Lunch** (A snack will be provided daily)
- ◆ **Practice gear** ◆ **Wrestling and running shoes** ◆ **Headgear is optional** ◆ **Positive attitude**

## Camp Staff

### Camp Director: Josh Rhoden

Josh recently completed his 9th year as the head wrestling coach of the CCC Cougars. His teams have placed 8th or better at the NJCAA National Championships in each year of his tenure with the school. The past five years, the Cougars have finished 4th or better. The 2015 team finished as national runner-up and the 2011 team was crowned NJCAA National Champions. In 2011, coach Rhoden was awarded the NJCAA National Coach of the Year and was recently awarded the 2015 NJCAA Man of the Year award. At the completion of this year, Josh has lead 50 wrestlers to All-American honors!

**Contact Info:** (503) 594-3276 office | (503) 319-8410 cell  
[joshr@clackamas.edu](mailto:joshr@clackamas.edu)

### Featured Clinician: Kevin Roberts

Kevin is in his ninth season as an assistant coach at Oregon State University. The former University of Oregon wrestler was a 2x NCAA All-American for the Ducks finishing 4th and 8th. In eight years at OSU, Roberts has helped guide a program that has won five conference championships and earned two top 10 NCAA team finishes. In addition to his current position at OSU, he has coached at Wyoming and Minnesota.

### Guest Clinician: Eleazar DeLuca

Eleazar has just completed his second year at CCC and during this time earned NJCAA All-American honors in both seasons! He was 4th at the 2014 University Nationals in Greco and was the 2013 FILA Jr Champion in Greco. As a prep, Eleazar was a 3x OSAA State Champion for Phoenix High School and a multiple time freestyle and Greco All-American. He has signed to wrestle at University of Northern Colorado (NCAA D1) this fall.

### Guest Clinician: Austin Morehead

Austin is currently training with the Northwest Regional Training Center and recently earned a top six finish at the Dave Schultz Memorial Freestyle tournament. He was the Pac 12 runner up at 184 lbs. for the Oregon State Beavers and an NCAA Qualifier! He was a 2x NJCAA National Finalist for CCC. As a prep in California, Austin was a state place winner multiple times and a 2x Fargo All-American.

### Guest Speaker: Richard Jensen

Richard wrestled for the Cougars during the 2006-2008 school years. He was an NJCAA National qualifier in 2008. More importantly, his personal story overcoming a life of addiction through the sport of wrestling won him and ESPN an Emmy Award!

### More Info available at:

<http://www.lostdreamsawaken.org>