

LASSITER FOOTBALL 2015 TEAM RULES / POLICIES

WE BELIEVE IN THREE GUIDING PRINCIPLES THAT OUR PLAYERS SHOULD LIVE BY:

Always do the right thing...Always do your best at everything you do...Always treat others as you would like to be treated

1. COMMITMENT: How your priorities must rank during the football season:
 1. Faith/Family 2. Academics 3. Football 4. Friends/Fun/Job/Girlfriends/Social Media/Concerts//Video Games
2. During the fall football season, players are not allowed to participate in organized competition for another sport. Informal practice such as throwing at the wall, shooting hoops, or throwing a baseball are not prohibited.
3. Alcohol/Tobacco/Drugs = Severest offense – possible suspension and/or removal from team according to school policy. The use of these substances is illegal, harmful to your body, and portrays a negative image of our school, community, and football team. This is a serious offense and could result in suspension or removal from the team according to school policy in addition to loss of playing time.
4. Unexcused tardiness to any football activity is unacceptable. Repeat offenses could result in suspension from games or loss of starting position. **Be Early. If you arrive on time you are late.**
5. All team events/meetings/practices/workouts are mandatory. “Unexcused” absences are defined as those without A) PRIOR approval from Head Coach unless a true emergency, or B) deemed a true emergency (auto accident, death in family, etc.). ALWAYS CALL YOUR POSITION COACH OR SEE COACH IRWIN (205-260-6710) – NEVER SEND A TEXT MESSAGE OR NOTE OR TWEET - KEEP CALLING UNTIL YOU GET THROUGH. If you need a ride we will work that out.
6. All injured players will be at practice with their position coach or trainer unless in the hospital/restricted at home under doctor’s orders. Immediately inform your position coach, head coach, and/or the trainer of any injury or illness that would hamper your performance. Injured players are still part of the team and expected to attend all team events!
7. You are expected to always represent your family, school, community, team, and coaches in a mature, respectful, positive manner. Don’t do anything to bring shame or embarrassment to the program or school. See “Three Principles” above. See #15.
8. Grades will be monitored weekly throughout the school year. You are expected to do your best in school!!! See your position coach as soon as possible if you are having trouble in a class. Missing practice to catch up on school work is not acceptable. A lack of commitment to your academics could result in boot camp, suspension, or academic ineligibility.
9. Use of excessive profanity and/or poor sportsmanship will not be tolerated, especially if directed at others. This includes taunting or “trash talking”. Never do or say anything that shames our school and your teammates/coaches.
10. Clean cut haircuts are required (does not show out of helmet). No earrings or jewelry worn during **any football activities**. Do not wear caps inside. Wear clothing that presents a classy image. No clothing that advertises alcohol, drugs, or obscenity – even if suggestive.
11. Players are expected to know and obey all school rules and policies. **Set a good example for other students and be a positive influence on others at school.** Players will be disciplined at practice or suspended for improper conduct at school.
12. There will be no hazing or initiation of new players/freshmen. This is an ignorant and divisive practice, and will be dealt with severely, including possible removal from the team. Severe offenses may require referral to law enforcement. This includes any improper verbal or physical behavior that is demeaning.
13. Equipment must be obtained from a coach - not other lockers. Players are responsible for care and return of equipment and the cost of replacement if lost. Lock your locker and don’t bring valuables to the field house.
14. Players must ride the bus back from away games/events with the team and put their equipment away. The only exception allowed would be an injury suffered during the game that would require a trip to the hospital.
15. Social Media: Do not post/tweet/retweet anything to do with sex, race, sexual orientation, drugs, politics, vulgarity, opponents (trash talk), or other religions. Do not post anything you would not want your parents or grandparents to see. Use discretion and avoid venting or ranting. Do not block coaches from your Twitter account. See #7.
16. Violation of school, team, or training rules not on above list will be handled on a case by case basis. Any behavior that violates the law or the student code of conduct is considered a violation of team rules.