



# Coaching 2<sup>nd</sup>-5<sup>th</sup> Graders

**New Ulm Jr. Baseball**

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**A. Introductions / intended audience**

**B. Purpose**

- To assist coaches in teaching young children the game of baseball
- To teach proper fundamentals
- To give ideas for drills/games/activities

**C. Goal**

Answer all questions

**D. Some topics to cover**

- Training to be an athlete
- Throwing
- Catching a baseball
- Ready position
- Fielding a ground ball
- Fielding a fly ball
- Base running
- Hitting
- Bunting
- Catching
- Sliding
- Cut-offs / relays
- Backing up

