

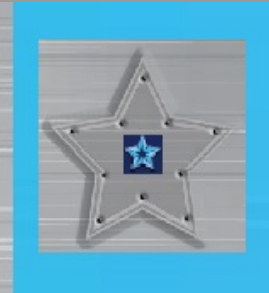
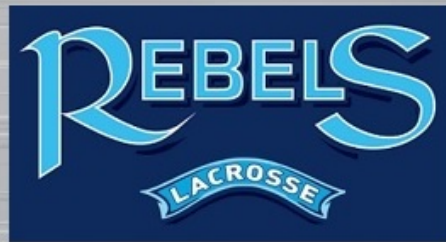
# Alexis Flynn

**From:** Coach Haight <rebels=thinklax.net@mail35.atl161.mcsv.net> on behalf of Coach Haight <rebels@thinklax.net>  
**Sent:** Friday, February 13, 2015 12:58 PM  
**To:** Alexis Flynn  
**Subject:** Rebels Lacrosse Updates!

## Important Updates from Rebels Lacrosse

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### [Rebels Updates 2/13/15](#)

#### Rebels Players and Parents,

We would welcome the weather breaking at this point it seems like that may never happen! This weekend there are no outdoor practices for 2016-2019 teams! It will not be warm enough to provide safe conditions for the players.

Rebels 2020, 2021, and 2022/23 teams will go on as scheduled!

**Please make sure you have the app uploaded to your phone for all the most up to date information for your teams! If you need help with that please don't hesitate to ask! [Email Coach Haight](#)**

Summer Schedules are being inputted into the calendars yesterday and today - please make sure to keep everything up to date!



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**BIG SPRING SHAKE-UPS COMING!**

All MS teams should expect 2 practices a week (with one on Saturday) - All HS teams will have Sunday practices throughout the spring so we are ready for our first event! Once our field permits are issued we will update our calendars!

[PLAYER BIO](#)

**THE WAIVER OF THE WEEK!**

In order to help get all our waivers completed we are doing a waiver of the week! This week's waiver:

**LAX FOR THE CURE WAIVER!** [CLICK HERE TODAY TO FILL IT OUT!](#)

**COMMITMENT OF THE  
WEEK!**

REBELS 2016 BLACK defender Kelsea Konz has made a verbal commitment to play Division I lacrosse at UC Davis.

**Kelsea Konz ledger:**



Kelsea Konz

**High School:** Academy of the Holy Cross,  
Maryland

**Graduation Year:** 2016

**Position:** Defense

**College Choice:** UC Davis

**Club Affiliation:** Rebels 2016 Black

**Lacrosse Honors:** Elite 120, DC METRO  
Team 2, Brine National High School Lacrosse  
Classic, All-WCAC Honorable Mention, All-  
Gazette Honorable Mention

**What will you major  
in/study?** Business/Communications

**Why did you choose UC Davis?** "UC Davis  
offered a perfect combination of challenging  
academics, great athletics, a positive

atmosphere and an amazing coaching staff.”

**Outlook for your High School team?** “At Holy Cross, we are working to continue to successfully compete and uphold our reputation in our highly competitive conference and against some of the best teams in the region.”

**Thank You:** “I would like to thank my Rebels head coach, Michael Haight for helping in the recruiting process and to my 2016 Black head coaches, Jim Gunn and Kara Theide for putting in all the time and efforts to develop me as a player.”

**Other schools considered:** Virginia Tech, High Point University, Fairfield University

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