

# **Shakopee Lacrosse Association**

## **Student - Athlete Code of Conduct**

In becoming a member of the lacrosse community an individual assumes certain obligations and responsibilities to the game of lacrosse and its participants. The essential elements in the "Code of Conduct" is HONESTY and INTEGRITY. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport of lacrosse, themselves, their team, and the organization. It is only through such conduct that our sport can earn and maintain a positive image. The Shakopee Lacrosse Association has adopted this Code of Conduct for Player to read, understand and abide by.

### **Play for Fun**

Above all, playing sports should be a fun experience. Learn the rules, abide by them and have fun.

### **Team Participation**

Lacrosse is a team sport. Take pride in your team and contribute to the team's unity. Get along with your teammates and learn teamwork, sportsmanship, and discipline. Respect yourselves, your teammates, your coaches, the game officials, opposing player, coaches and all spectators. Do not criticize teammates play, the officials, coaches or opposing players. Do YOUR best and be a good sport on and off the playing field.

### **Self-Improvement**

Practice a strong work ethic and work hard to improve your lacrosse skills. The only way to improve your skills is through practice. Be a good listener at practice and work hard to learn and execute every drill during practice. By improving your skills, you will become a better lacrosse player, and you will be able to make greater contributions to your team.

### **Be on Time**

You should participate in all games and practices unless there is a valid reason for your absence. In order to have a successful team, every member must be committed. If you must miss a game or practice, you need to notify your coach in advance (valid reasons such as illness, school activity, religion class, etc. must be given. Be at the field at the time designated by your coach. You should be focused and ready to play.

### **Show Respect**

Playing lacrosse is a PRIVILEGE, not a right. Take pride in your behavior. Always, show consideration and respect to your peers, coaches, parents and lacrosse officials. Derogatory comments are unacceptable. Do not initiate or participate in any behavior that is dangerous or damaging to your own field or others that you visit.

### **Student Athlete**

Lacrosse is an activity. Your education is important for your entire future. Therefore, it is extremely important that you maintain your schoolwork during the lacrosse season. The Shakopee Lacrosse Board encourages parents to require at least a "C" average and be passing all classes. We encourage parents to uphold this standard. If you are not maintaining satisfactory academic progress, parent(s) or guardian(s) can choose to suspend you until satisfactory academic progress is demonstrated.

# Shakopee Lacrosse Association

## Student - Athlete Code of Conduct

1. I will treat my parent, coaches, teammates, game officials and property of others with the same respect that I would like to be treated.
2. I will practice and play to the best of my ability.
3. I will be on time (as assigned by the coach) to team events.
4. I will recognize lacrosse as a team sport and will put interests of the team over my own individual interests.
5. I will not criticize another teammate's play.
6. I will not criticize game officials, coaches, or opposing players.
7. I understand that only coaches are allowed to discuss calls with the officials.
8. I will conduct myself in a responsible manner (destructive or delinquent behavior, during or after a practice or game will not be tolerated).
9. I will not attempt to deliberately injure another player(s).
10. I will wear the Shakopee Lacrosse Association uniform with pride and treat it with respect.
11. During the entire season, the use of alcohol, tobacco, marijuana or other mood alter drug(s) is prohibited. During the season, I will not (a) consume a beverage containing alcohol, (b) use tobacco, including chewing tobacco, (c) use or consume, have in my possession, buy, sell or give away any other controlled substance defined by law as a drug. It is not a violation to be in possession of a controlled substance so long as a medical provider has specifically prescribed it for my own use and it is being used according to the prescription directions.
12. I understand that if I am suspended from school for disciplinary reasons, I shall not participate in ANY Shakopee Lacrosse Association function during the duration of the suspension.
13. I will maintain my schoolwork during the entire lacrosse season. If I do not I could be deemed academically ineligible at the discretion of my parent(s) or guardian(s). If I am academically ineligible I will be suspended from play until I demonstrate satisfactory academic progress. I will need to notify my coaches of my suspension in a private meeting with my parent(s) or guardian(s) and my coaches.
14. I promise to abide by Zero Tolerance Rule.

I hereby pledge to treat myself, my parent(s) or guardian(s), coaches, teammates, and opponents with respect in my participation of Lacrosse by following this Code of Conduct. If I fail to uphold this Code I will be subject to disciplinary action by my coaches and/or the Shakopee Lacrosse Association Board.

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Athlete's Name Printed

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Athlete's Signature