



# 2 minute drill

*for coaches*



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monthly tips from Positive Coaching Alliance

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## Expecting Kids to Think

Most coaches want their players to be highly responsive robots, which hardly prepares them for situations where there's no coach to tell them what to do. Coaches should use sports as an opportunity to develop thinking skills.

Coaches have thousands of opportunities to tell players what to do. Resist this temptation and look for opportunities to ask your players what they should do -- this will improve their decision-making over time.

A great way to keep players on the bench engaged during a game is to ask them questions: "What did Kristin do on that play that made it work?"

adapted from *Positive Coaching in a Nutshell* by Jim Thompson



for more *Positive Coaching in a Nutshell*, please visit  
[www.NutshellBook.org](http://www.NutshellBook.org)