

Registration Form

Registration Deadline: Thursday, Dec. 18

Name _____

Grade _____ Age _____

T-Shirt Size (Adult Sizes) S M L XL

Address _____

Phone # _____

Email _____

Please select Camp Choices:

Elite Skills Camp

Date: Dec. 28 1:30 PM Sign In

Grades 9-12 (\$55) 5:30 PM Conclusion

Fundamental Youth Camp

Date: Dec. 29

Grades 3-5 (\$40) 9:30AM-12:00PM

Grades 6-8 (\$40) 1:00 PM -3:30 PM

Please list Positions here

Make Checks Payable To:

“Luther College Baseball”

Mail To: Jeremy Ische

700 College Dr.

Decorah, IA 52101

I hereby authorize the director of the Luther College Baseball Clinic to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the clinic from any liability for any injuries sustained while at the clinic. I also certify that my son is medically fit to participate in the program and is covered under a health insurance policy.

***Parent Signature:**

LUTHER COLLEGE BASEBALL



**Please contact Jeremy Ische,
Assistant Baseball Coach,
with any questions you may
have regarding the camp.**

**Luther College
700 College Dr.
Decorah, IA 52101
Phone: 952-412-4716
Email: ischje01@luther.edu**



Luther College Norse Baseball

HOLIDAY CAMPS

GRADES 3-12

December 28 & 29, 2014

Hitting, Defense, Pitching, Catching



**2007 & 2009
Iowa Conference Champions**

**Featuring Individual /
Group Instruction,
Drill work & Video
Analysis**

Luther Norse Baseball

Along with two IAC conference championships within the past seven seasons, the Norse have averaged 24 wins and have had two conference MVP's. The Norse have also been ranked as high as 16th in the country during this span.



- We provide each camper with the same instruction we teach the players in our program. The drills we teach are designed to reinforce proper mechanics that will ultimately make you the best baseball player you can be. I look forward to working with you.

-Bryan Nikkel (Head Coach)



~ Registration / Check-In:

The clinic will be held at the Luther College Regents Center in the Student Recreation Center. The Regents Center is located in the Lower Campus of Luther College. Please enter the main door on the southwest part of the building by the circle drive. Parking is available on the west and north sides of the building.

CONCESSIONS WILL BE AVAILABLE FOR PURCHASE BETWEEN THE HITTING AND DEFENSE SESSIONS.

~ Facilities:

- Indoor batting cages, pitching machines, batting tees, and numerous hitting stations.
- Two full infield areas
- Two pro-style pitching mounds

~ Instructors:

- Bryan Nikkel, Head Baseball Coach
- Jeremy Ische, Assistant Baseball Coach
- Blaine Barthel, Pitching Coach

-Current players and alumni of Luther Baseball

-The clinic guarantees an 8: 1 participant to coach ratio.

~ Equipment:

All participants need gym shoes, workout apparel, glove and bat. It is highly recommended each catcher bring their own catching gear if possible.

~ Discipline:

Any serious violation of regulations will result in immediate dismissal. No refunds will be granted if dismissed or if participant voluntarily withdraws.

Camp Sessions:

Hitting: The hitting instruction will break down the mechanics of hitting into key checkpoints with a linear approach. Front-toss drills, tee-work, and machines will be utilized to provide optimal repetition.

Defensive Play: Defensive play will break down proper throwing technique and fielding mechanics. Participants will have the opportunity to focus on their preferred position in the areas of the outfield and infield.

Pitching: The pitching portion will highlight proper pitching mechanics, drills designed to improve control, grips, off-speed techniques, pitcher fielding, and bull-pen sessions.

Catching: Catchers will be provided with the correct fundamentals and technique when it comes to receiving, blocking, throwing and fielding.