



January 2022 Newsletter

ARAA News

We are building a dome! If you haven't heard, ARAA is in the process of building a premier training facility that will benefit all ARAA athletes and the community of Ramsey. Follow our updates at www.ardome.org.

Join the Board!

At the January meeting the positions of President, Concessions Director, Sponsorship Director, Football Commissioner and Soccer Commissioner are all up for election. If you are interested in these positions, please apply via our [website](#).

Charitable Gambling

Anoka Ramsey Athletic Association partners with 8 businesses to offer charitable gambling to our community. What is Charitable gambling? Charitable gambling is an opportunity for community members to support the youth of Anoka and Ramsey with organized sports and activities to participate in. Our gambling partners provide incentivized giving to our organization. For our 4400 athletes over 10 activities, the charitable gambling contributions provide upgraded playing facilities, equipment and experiences. Please consider visiting one of our partners.

[McDuffs](#)

Daily pull tabs

Etabs available

Bingo Monday at 7:00pm

[Northwoods](#)

Daily pull tabs

E tabs available

Bingo Wednesday at 7:00pm, Sunday at 4:00pm

Meat Raffle Saturday and Sunday at 2:00

[The Ponds](#)

Pull tabs during open hours

E tabs during open hours

Bingo Friday at 6:30, Meat raffle 5:30

Saturday Bingo 2:00, Meat Raffle 1:00

[Greenhaven](#)

Pull tabs/etabs daily

Bingo starting November 11 Thursday's at 7:00pm

Food specials during bingo

[Northfork](#)

Pull tabs during open hours

Occasion bingo December/January/February

[Kitchen Table](#)

etabs/pull tabs daily

[Acapulco](#)

etabs/pull tabs daily

[Aurerlio's](#)

etabs/pull tabs daily

Meat raffle Sundays at 4:00



Volleyball

Contact: Volleyball@arsports.org

Junior Olympic Volleyball

Good luck to our teams beginning their league games and tournaments this month!

Like and follow ARAA Volleyball on facebook to see our team tournament results and photos throughout the season!

House Volleyball

For those that are not playing volleyball this winter and are looking for some volleyball drills to work on at home, check out these drills! All you need is a wall, your volleyball and your parent's permission!

- [10 Solo Volleyball Drills To Try At Home](#)
- [One Man Volleyball Drills You Can Do at Home - Volleyball Tips](#)
- [Training Without a Net or Friends](#)

Looking for a volleyball to use at home?

- Young players through 6th grade [Tachikara Volley Lite](#)
- 7th grade and up [Tachikara Composite Volleyball](#)

Volleyball Board Opening

Wondering how you can help make a difference in a sport that your child enjoys being a part of? Join the ARAA Volleyball Board! Our board is currently seeking that creative someone to fill our open Communications position. If you are interested in learning more about the position, please email volleyball@arsports.org.



Basketball

Contact: basketball@arsports.org

Basketball Pictures for Boys & Girls House (2nd - 8th) as well as Boys and Girls Traveling will be held on January 11 & 13. The schedule is on the website.

The Anoka High School Basketball Booster program held a Youth Night on Friday, January 7th. In addition to celebrating the youth that night, there was a paper airplane half-time event, a silent auction AND all youth who came to the event with their jersey on got a free raffle entry for a pair of Airpod Pros that was given away at half time.

Boys House & Senior House Season are now both in season. Girls House has just completed their season.

The Traveling Away Tournament (Boys & Girls) is fast approaching and we will be Feb 5-6 at Wisconsin Dells! Details are on the website.

Current Open Board Positions:

Equipment Coordinator
House Coordinator
Tournament Coordinator



Soccer

Contact: president@northernlightsoccer.org

Our winter trainings and programs for both our competitive and rec soccer teams are in full swing. Watch for details on summer rec soccer coming soon.



Lacrosse

Contact: lacrosse@arsports.org

Boys and Girls Lacrosse

TRY LACROSSE FOR FREE EVENTS

It's back – our Try Lacrosse for Free nights will be held on Friday, January 14 from 6-7 p.m. and Saturday, January 22 from 4-5 p.m. at Adrenaline in Ramsey. If your son or daughter is interested in learning more about this fast-paced sport or just wants to try it out, please join us for a fun evening. Equipment will be provided.

WINTER TRAINING

Grab your sticks and join us at Adrenaline for winter training starting on Saturday, January 15. Register and pay at the door.

Saturday Sessions: January 15 – March 5; cost \$100 for 8 sessions

Boys 12U and Current 10U: 8 a.m.

Boys 14U: 9 a.m.

Girls 10U – 14U: 10 a.m.

BOYS BOX AND SPRING LACROSSE

Registration will open soon; check the website and your email for more details.

GIRLS SPRING/SUMMER LACROSSE

Registration will open soon; check the website and your email for more details.

We need your help! As we begin our 2nd year of the program, we are looking for **interested individuals to join the board**. We also will **need parent volunteers to coach our teams** - no worries we will provide you with the needed training and support to create a successful season. If you have a daughter wanting to play or you are just interested in helping and learning more, please reach out to terry2478@gmail.com.

