



October 24th, 2014



Included in this Newsletter

(click on a topic below to quickly navigate the newsletter)

[Congrats NORCO Prep teams!](#)

[Setters Training](#)

[Team Photo DETAILS](#)

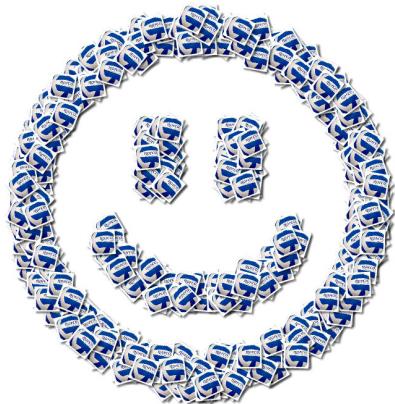
[Crossroads Details](#)

[Lost and Found](#)

[NORCO East Bay® Merchandise Form](#)

[Clothing/NORCO Gear Sale](#)

[Winterfest Tourney](#)



Congratulations NORCO Prep Teams!

You will be representing NORCO in the following age groups:

12 Kylie

13 Alx

14 Heidi

15 Jenny

17 Thomas

Setters Training Begins November 4th!



NORCO is "**set**" to start Setting Training for the second year in a row! Setting coaches **Kate Hampson** and **Marissa Hughes** are excited to get the season started and to introduce new drills for both beginning and experienced setters. **It is our goal that every NORCO setter will receive specific setter training once a week.** Obviously tournament schedules will impact some of this. Having all setters trained the same way throughout the Club helps with player and team movement, as they won't need to relearn a new way of setting each season. Rather, they can build each season, becoming a better setter. Kate and Marissa are committed to this progression and each NORCO coach will be sent updates and reports regarding their setters.

******If you are a setter for your team, you will need to pay extra attention to the setters schedule found on the "Practice Schedule" clearly marked as "Setters Training" of "Setters". Using this special training for setters, that is provided and MANDATORY, is a crucial part of your NORCO team. Use the link below to add setters training to your calendar!***

[Setter Training Times](#)



Team Photograph Details

1. ALL players will be in Navy Cap Sleeve jerseys

2. A Libero designated by their coach can wear Carolina Blue if they choose.

3. WHITE Under Armor Kneepads/Socks, Navy Under Armor Spandex.

If your player has not practiced and has not yet received their uniform prior to picture day you must arrive 30 minutes early to get your gear and get changed for your pictures.

Uniforms will be available Wednesday October 29th.

November Picture Schedule

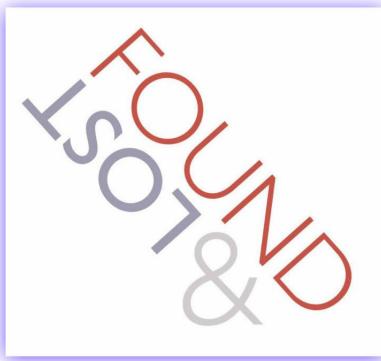
Sunday, November 2nd

9:00 am	18 Black
9:30 am	17 Blue
10:00 am	18 Blue
10:30 am	14 Blue
11:00 am	13 Blue
11:30 am	11 Black
12:00 pm	16 Black
12:30 pm	17 Black
1:00 pm	15 Jenny
1:30 pm	12 Black
2:00 pm	15 Black
2:30 pm	14 Black
3:00 pm	13 Black
3:30 pm	17 Chris

Saturday, November 15th

9:00 am	16 Blue
9:30 am	15 Silver
10:00 am	15 White
10:30 am	15 Blue
11:00 am	12 Kylie
11:30 am	13 White
12:00 pm	16 White
12:30 pm	14 White
1:00 pm	14 Silver
1:30 pm	14 Heidi

2:00 pm	13 Alx
2:30 pm	N/A
3:00 pm	11 Blue
3:30 pm	12 Blue



Lost and Found is located upstairs. Last year NORCO donated over 200 water bottles to a homeless shelter at the end of the season. This year, **the Lost and Found will be emptied and donations will be made every 2 weeks.** PLEASE check the Lost and Found frequently. To help prevent clothing confusion in the lost and found **please mark your athletes clothing with initials or first initial and full last name.** Warm ups are especially confusing to sort out without this type of marking.

Colorado Crossroads Information/Steps:

In order for a NORCO team to be accepted into Crossroads each team has to do the following. It's a Stay and Play Tournament meaning if your club is more than 40 miles away, hotel bookings MUST be made thru host site (FRVBC). USAV uses a 75 mile radius. Last year all JNQ's except this one was 50+ miles. NORCO is located 48.5 miles away.

1. Enter team information/roster and pay entry fee (**NORCO Admin will do this and it's already covered).**
2. Each team must reserve at least 12 room nights at a hotel listed on the thsweb.com site and MUST book these rooms through THS (Parents take care of this). Parents may either individually book their daughter/family's room or a team manager/other parent may book rooms for entire team. 12 nights can be, 6 rooms X 2 nights, 4 rooms x 3 nights, OR but not usually done, 3 rooms X 4 nights or 12 rooms booked 1 night.
3. If parents book rooms at a hotel that may in fact be on the THS list but they did not use THS to book it, it does NOT count towards team's 12 room nights. So in other words if you book directly at the Embassy Suites for example, it won't count for your team.
4. Once Entry is paid (by NORCO ADMIN) the required room nights are booked (By Parents) and the team is accepted.
5. FYI- If any rooms are cancelled which would drop the team below the 12 night requirement, after the team has been accepted or at any time during the tournament, than the team's acceptance will be rescinded and/or team will be disqualified from the tournament if play has already begun.

All of this information is based on how the Crossroads tournament worked last club season. We are anticipating it being the same or at least very similar this year but will not know for sure until Front Range Volleyball Club makes this information public. We advise you to continually check their website frvbc.com for updates as they have a special link for Colorado Crossroads.

This is how FRVBC operates their tourney. However, it's a JNQ offered in our back yard. If you have any questions, please just drop in office and ask.



Is your athlete in need of some shoes?
Click on the link below to take part in an
online sale created specifically for NORCO

NORCO East Bay® Merchandise Form

Sale includes Mizuno and Asics® options

***All Sales are handled online and will be shipped to the customer
approximately 4 days after the order is placed.***



Clothing/Shoes
(exact times TBA)

You don't want to miss out on this
NORCO Gear Sale!
Saturday November 22nd



Mark your calendars for this **SUPER FUN** tourney now before the hustle and bustle of the season!
Registration will be posted ASAP.

[Forward this email](#)

 [SafeUnsubscribe](#)

This email was sent to marymurphy@norcovolleyball.com |
[Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



NORCO Volleyball | 7395 Greendale Rd | Windsor | CO | 80550