

Follow the prompts to create your password, and log into your athlete's account.

To reset the the password for your SWOL account, you must follow these steps within the next 24 hours.

1. Open the E-Mail that we sent to asher_eric@hotmail.com.
2. Click on the link to reset your password.
3. Save the new password.

OK

Click on the "My Info" tab.



Under the "My Info" tab there are 5 sections of information - General
- Address
- Emergency
- Insurance
- Medical

General

First Name: Eric

Last Name: Esher

ID: _____

SSN: _____

Class: _____

Gender: _____

Birth Date: _____

Online Access e-Mail: asher_eric@hotmail.com

Existing Password: _____

New Password: _____

Confirm Password: _____

Password Requirements:
Must be at least 6 characters long
Must have at least 1 number
Must have at least 1 lower case character

Please complete following sections:

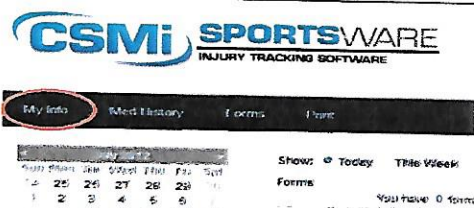
- General
- Address
- Emergency

Click "Save" when you are finished, or at any time to save current information.

To return to the opening screen, called the "dashboard", click on the word "Dashboard" in the upper left corner.



Go to the "forms tab" on your dashboard to the right of the "My info" tab.



Please complete and electronically sign each attached forms by using the following process:

1. Click on form
2. Click "open" to the left of form
3. Fill out form completely
4. Save form by clicking green box
5. Electronically sign and date as prompted by program