

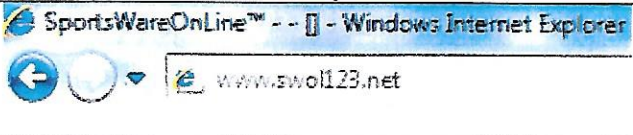
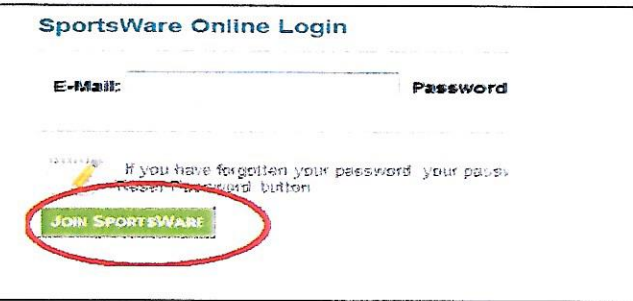
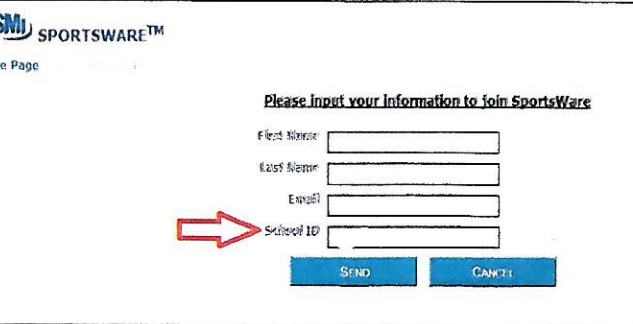
Dear Athletes and Parents:

Starting this sports season, athletes participating in this sport on must provide the athletic trainer with current address, emergency contact, health history information. BAMC and your school or sports association utilizes SportsWare Online, an online data entry system, to expedite this process.

This new system allows your athletic trainer immediate access to your athlete's medical history and contact information in case of an emergency, and also allow coaches/ parents to check on an athlete's participation status anytime.

To enter your information, visit www.swol123.net. The first time you visit the website you will need to enter your email address and School ID, which is 'BAMC123'.

**** Separate accounts must be made for each athlete! 1 email address and password per athlete, per account.*

Instruction	Example
Go to www.swol123.net	
Click on "Join Sportsware"	
<p>Enter the athlete's name, email address, and School ID.</p> <p>The School ID is: BAMC123</p> <p>Click "Send"</p> <p>You will receive an account confirmation email the next day.</p>	
Click on the link in the email, which takes you to the log in page. Enter your email address then click "Reset Password"	