



AMERICAN INDOOR LACROSSE
ASSOCIATION

IMG/American Indoor Lacrosse Association Tournament **Rules & Facts**

- Five Divisions

Division	Birth Years (Born in)	Ages	Cost per Team
Novice	2004 - 2005	9 – 10	\$1000
PeeWee	2002 - 2003	11 – 12	\$1000
Bantam	2000 - 2001	13 – 14	\$1000
Midget	1998-1999	15 – 16	\$1200
Intermediate	1996-1997	17 - 18	\$1200

- Games will be 4/12 minute quarters, straight time – running clock
- Shoes Only - No Cleats
- All Short Poles
- Maximum number of players per time is 18, plus 2 goalie
- NLL goals, 4 x 4'9" Boddam goalie equipment (provided)
- AILA rules will be in effect and will be available at www.ailacrosse.net

Rules Unique for AILA – Safety is Paramount!

- No cross check or boarding
- Push checks on elbow pads
- Over & Back/Back Court
- No checking from behind
- 30 second shot clock - 10 Seconds to get over mid-line
- Shot Clock resets if ball hits goalie or pipe or a change of possession occurs
- Change of Possession – Drop ball immediately at place of obstruction for quick start
- No face offs after goals - Goalie Clears Ball