



Rochester
Public Schools
Inspire Challenge Empower

Rochester Public Schools

Authorization for Athletics Participation

www.centurypanthers.org (phone #507-328-5140)

www.johnmarshallrockets.org (phone #507-328-5330)

www.mayospartans.org (phone #507-328-5560)

Eligibility Guidelines for the Rochester Public Schools Athletics



Instructions for completion by students and parents or guardians:

- 1) Please read and be familiar with all parts of this authorization brochure.
- 2) Sign each place that your signature is requested and return the page with signatures to the Athletic Office. Retain pages with rules stated.
- 3) Record of a physical examination signed by a physician is required every 3 years and must be on file in the Athletic Office.
- 4) The activity fee (see page 4) must be paid prior to participation in the first scheduled practice in that sport season.

General Eligibility (Bylaw 206.00)

In order to be eligible for regular season and Minnesota State High School League (MSHSL) tournament competition, a student must be fully enrolled as defined by the Minnesota Department of Education and a bona fide undergraduate member of his or her school in good standing. A student who is under penalty of exclusion, expulsion or suspension whose character or conduct violates the Student Code of Responsibilities is not in good standing and is ineligible for a period of time as determined by the Administration. A student ejected from a contest shall be ineligible for the next regularly scheduled game/meet at that level of competition and all other games/meets in the interim at any level of competition, for the first ejection. All other subsequent ejections shall result in ineligibility for four (4) regularly scheduled games/meets.

Academic Eligibility (Bylaw 103.00)

Student athletes must maintain satisfactory progress towards graduation. All student athletes should have achieved the following number of credits at the end of each semester to maintain eligibility.

Freshman Year:

End of 1st Semester 3 credits
End of 2nd Semester 6 credits

Sophomore Year:

End of 1st Semester 9 credits
End of 2nd Semester 12 credits

Junior Year:

End of 1st Semester 15 credits
End of 2nd Semester 18 credits

Senior Year:

End of 1st Semester 21 credits
End of 2nd Semester 24 credits

First quarter freshman and middle school students must maintain passing grades in all classes. All cases falling below this level will be reviewed by the administration. If a student is failing, the administration will intervene and develop a plan of action to assist the student. Students who are more than one (1) credit deficient are academically ineligible. Students who are deficient one (1) credit or less may be placed on academic probation. The probation may include any of the following options:

- a. Full participation with conditions
- b. Practice without competition
- c. Total non-participation

Student athletes considered to be Division I or II scholarship prospects are reminded that there are course requirements to be eligible for scholarships. Contact your Guidance Counselor.

Attendance and Behavior Standards

Athletes are required to attend school and compete in the attendance area in which their parent or guardian resides. Athletes are expected to abide by all school attendance and behavior guidelines. Participation in extracurricular activities is a privilege offered to students in good standing. Athletes are expected to be in class as scheduled. Unexcused absences will result in exclusion from the next event. It is the responsibility of the student to clear any truancy question. Coaches will be provided with an unexcused absence list on a daily basis. Students absent due to truancy, illness or injury during their last half of the school day may not participate in contests or practice that day. Athletes may be excluded from a varsity letter, events or activities due to behavior unbecoming that of an athlete or for a violation of the school's rules of conduct. A felony conviction will have a penalty no less than that for a first chemical violation. This determination will be made by the Coach, Activities Director and Building Principal or Assistant Principal.

Semesters in High School (Bylaw 110.00)

A student shall not participate in an interscholastic contest after the student's 12th semester in grades 7-12 inclusive. All 12 semesters of attendance shall be consecutive. The attendance of 15 days or more in one semester will count as a semester in administering this standard. Participation in high school interscholastic programs is limited to students in grades 7-12 inclusive. Students in grades 7, 8 and 9 may participate if enrolled in the regular continuation school for the educational unit and if all other eligibility requirements of the MSHSL have been met. Elementary students grades 1-6 are not eligible for participation in any MSHSL sponsored activities; b-squad, junior varsity or varsity.

Seasons of Participation (Bylaw 109.00)

No student may participate in more than 6 seasons in any sport while enrolled in grades 7-12, semesters 1-12 inclusive.

Enrollment and Required Subject

Load (Bylaw 104.00)

Students must be officially enrolled in (as defined by the Minnesota Department of Education) and attending the school before they are eligible to represent that school in MSHSL sponsored activities. Students must be properly

registered, attending school and classes regularly, and enrolled in the required number of credits. To be eligible for section and state competition, a student must be a member of the school's team no later than the fourth Monday after the official start of the sport season. When a sport season begins on a Monday, that day shall be counted as the first Monday.

Age (Bylaw 101.00)

A student who turns 20 years of age during the 11th or 12th semester since first entering 7th grade, shall be allowed to participate through the completion of the 12th semester. Adapted athletes are eligible to participate until their 22nd birthday or until they have completed 12 semesters in grades 7-12 inclusive and they meet all other eligibility requirements.

Amateur (Bylaw 201.00)

A student must be an amateur in that sport. A student may not receive cash or merchandise for athletic participation. A student does not lose their amateur status because of reimbursement for officiating, instructing, teaching or coaching a sport.

Graduate (Bylaw 106.00)

A student shall not be a graduate of a four-year high school or any secondary school.

Transfer Rule (Bylaw 111.00)

A student in a 7-12 grade level who dis-enrolls from one high school and enrolls in another high school is a transfer student and subject to the MSHSL transfer rule. A student who transfers under an exception to attendance or guardianship change, shall be ineligible to compete at all levels (9-12) for a period of one calendar year from the date of transfer. Contact your Athletic Office for specific information regarding these situations.

Foreign Exchange Students (Bylaw 111.00)

Foreign exchange students are limited to one calendar year of high school eligibility beginning with their 1st date of enrollment and attendance. Regardless of the country, a student who has graduated is not eligible to participate in MSHSL sponsored athletic or fine arts programs.

International Students (Bylaw 111.00)

Students not participating in a CSIET approved foreign exchange program are eligible only at the B-squad or JV level.

College and University

Teams (Bylaw 208.00)

Individuals who have participated or scrimmaged with a college or university team are ineligible for participation in any activity of the MSHSL.

Awards (Bylaw 204.00)

Acceptable awards to students in recognition of participation in high school activities include medals, ribbons, letters, trophies, plaques and other items of little or no intrinsic value (\$100.00 or less). Violation will render a student ineligible for participation in any activity of the MSHSL.

Athletic Camps and Clinics (Bylaw 203.00)

A. During the School Year

Students may attend athletic camps and clinics which have been approved by their high school Principal or Activities Director.

B. Summer Vacation Period

Non-school specialized athletic camps and clinics do not require approval.

1. The non-school sponsored camp or clinic fee must be provided by the student or the student's parent(s) or guardian, unless other arrangements are approved by the MSHSL Board of Directors.
2. A student may attend a camp or clinic where a member of the school's coaching staff (sophomore, B-Squad, junior varsity or varsity) in that sport owns, administers, directs, organizes, or serves as an instructor or is a staff member during the student's attendance.

C. Penalty

Penalties for athletic camp and clinic violations are the same as those for non-school competition and training. (Contact your high school Athletic Director for specific guide lines regarding athletic camps, clinics and information on penalties.)

Non-School Competition and Training for Team and Individual Sports

(Bylaws 207.00, 208.00)

A. During the High School Season

During the high school season, athletes will be able to compete in non-school events/competitions that do not match the events in which athletes currently compete in high school competition. Season defined: The high school season shall run from the first day of practice until the team is eliminated in MSHSL tournament competition. Baseball, Softball and Skiing are exceptions to this rule. Exception: Summer vacation Period-Students may participate on a non-school team in the same sport as they currently play at the high school level during the summer vacation period. Summer coaching waiver: If a student participates on a team coached by a member of the high school coaching staff, coaching contact shall end on July 31 unless an extension to the summer waiver is granted by the school's Athletic Director. Students may take private lessons during the MSHSL season.

B. During the School Year, Prior To and Following the High School Sport Season

A student may participate in contests, meets

or tournaments as an individual competitor or as a member of a non-school team provided that these activities are voluntary and not influenced or directed by a salaried or non-salaried member of the student's sophomore, B-squad, junior varsity or varsity high school coaching staff.

1. A student may not use any type of high school uniform or equipment.
2. A student may not receive coaching or training from a salaried or non-salaried member of the student's sophomore, B squad, junior varsity or varsity high school coaching staff in that sport. Power skating and indoor soccer are included in this limitation.
3. A student may receive training through private lessons from a person who is not a salaried or non-salaried member of the student's sophomore, B-squad, junior varsity or varsity high school coaching staff in that sport.
4. A student's fee for non-school coaching or training must be paid by the student or the student's parent or guardian unless approved by the MSHSL Board of Directors.

C. Summer Vacation Period

1. Summer vacation defined: Summer Vacation shall start on June 1 and end on July 31. A student may compete as an individual or as a member of a non-school team even though competing on a high school team in the same sport. Coaches review MSHSL Summer Waiver No Contact Period.

D. Penalty

1. First Violation: After confirmation of the first violation, student shall lose eligibility in that sport for the next two (2) consecutive interscholastic contests or two (2) weeks of that season, whichever is greater. If there are fewer than two (2) events remaining in that sport, the loss of eligibility will continue into the next season in that sport. Note: This means that a senior who violates the bylaws at the end of one sport season will lose eligibility for two (2) games in the next sport season in which the student participates.
2. Second Violation: After confirmation of the second violation, student shall lose eligibility in that sport for the next six (6) consecutive interscholastic contests or three (3) weeks, whichever is greater.
3. Third Violation: After confirmation of the third or subsequent violations, the student shall lose eligibility in that sport for the next twelve (12) consecutive interscholastic contests or four (4) weeks, whichever is greater.
4. Accumulative Penalties: Penalties shall be accumulative beginning with the student's first participation in a League activity and continuing through the student's high school career.

E. Special Considerations

1. National Teams and Olympic Development Programs—The MSHSL may permit participation by high school students on bona fide national teams or in Olympic development programs if:

- The program is approved and supported by the national governing body of the sport or if there is an Olympic development program of training and competition.
- Directly funded by a national governing body on a national level.
- Authorized by a national governing body for athletes having potential for future national team participation.

Students who are invited to participate on National Teams or in Olympic Development Programs must contact their high school Activities Director to obtain an application form. This must be completed at least thirty (30) days prior to participation.

2. During the school year, students who participate for their school in a sport may participate through training, try-out or competition on a National Team or in a United States Olympic Development Program provided the student receives an individual invitation from the United States Olympic Committee or the United States National Governing Body on the national level for that sport.
3. Students who have completed their eligibility in a sport are exempt from the non-school competition and training rules in that sport. All-Star rules shall apply.

Mood-Altering Chemicals (Bylaw 205.00)

A. Philosophy and Purpose

The Minnesota State High School League recognizes the use of mood-altering chemicals as a significant health problem for many adolescents, resulting in negative effects on behavior, learning and the total development of each individual. The misuse and abuse of mood-altering chemicals for some adolescents affects extracurricular participation and development of related skills. Others are affected by the misuse and abuse of family, team members or other significant persons in their lives.

B. Rule

During the calendar year, regardless of the quantity, a student shall not: (1) use or have in possession a beverage containing alcohol; 2) use or have in possession tobacco or electronic cigarette; or, 3) use or consume, have in possession, buy, sell, or give away any other controlled substance, other intoxicating substances, look alike substances or drug paraphernalia. The rule applies during the entire year including the summer months. It is not a violation for a student to be in possession of a controlled substance specifically pre scribed for the student's own use by her or his doctor.

C. Penalties for Activities

1. First Violation

Penalty: After confirmation, the student shall lose eligibility for 50% of the regular scheduled consecutive season events of the activity season in which the student is a participant. Any percent of an unfulfilled suspension will be applied in the next season the student participates in. The first possession violation will result in a suspension of 2 weeks or 2 events, whichever is greater.

2. Second Violation

Penalty: After confirmation, the student shall lose eligibility for one calendar year. The student may choose an alternative penalty as follows:
-The student shall lose eligibility for 50%, or no less than MSHSL's minimum of 6, of the regular scheduled consecutive season events of the activity season in which the student is a participant.
-The student shall arrange and verify completion of 20 hours of community service.
-The student shall complete a chemical education project assigned by the administration.
-This alternative agreement must be signed by the student, parent/guardian and administration within 10 days of the violation report. A second possession violation will result in a suspension of 6 consecutive events or 3 weeks, whichever is greater.

3. Third and Subsequent Violations

Penalty: After confirmation of the third and subsequent violations, the student shall lose eligibility for further participation. If after the third or subsequent violations, the student has been assessed to be chemically dependent and the student on her or his own violation becomes a participant in a chemical dependency program or treatment program, the student may be certified for reinstatement in MSHSL activities after a minimum period of one calendar year. Such certification must be issued by the Director or a Counselor of a chemical dependency treatment center. A third possession violation will result in a suspension of 12 consecutive events or 4 weeks, whichever is greater.

4. Penalties shall be accumulative

beginning with and throughout the student's participation on high school sponsored teams.

5. A student shall be disqualified for nine (9) additional weeks beyond the student's original period of ineligibility when the student denies violation of the rule, is allowed to participate and then is subsequently found guilty of the violation.

6. A student serving a penalty for a rules violation in a sport will be required to preregister, report to the first day of practice, participate during the entire season, meet all the requirements and expectations of the coach, and finish the season in good standing in order to fulfill the penalty.

7. Students having a chemical suspension will not be eligible to letter or earn All Conference honors during the season(s) in which the penalty is served. Students having a chemical violation cannot serve as a captain for one calendar year from the date of the violation.

D. Procedure

Before any suspension under these rules, the student shall be advised by the Coach, Assistant Principal, Principal, or Activities Director of the alleged violation and the student will have an opportunity to explain her or his involvement in the situation. If, after such conference the administration believes a suspension is justified, the student and the parent(s) or guardian(s) will be notified. Suspension will begin with the time at which the administration was first notified of the incident. Ineligible students may be allowed to practice, at the coach's discretion, if they will be returning to the team when the period of suspension has been served.

Racial, Religious, Sexual Harassment/Violence and Hazing

(Bylaw 209.00)

A. Definitions

1. Racial Harassment consists of physical or verbal conduct relating to an individual's race when the conduct:
 - a. has the purpose or effect of creating an intimidating, hostile or offensive working or academic environment; or
 - b. has the purpose or effect of substantially or unreasonably interfering with an individual's work or academic performance; or
 - c. otherwise adversely affects an individual's employment or academic opportunities.
2. Racial Violence is a physical act of aggression or assault upon another because of, or in a manner reasonably related to, race.
3. Religious Harassment consists of physical or verbal conduct relating to an individual's religion when the conduct:
 - a. has the purpose or effect of creating an intimidating, hostile or offensive working or academic environment; or
 - b. has the purpose or effect of substantially or unreasonably interfering with an individual's work or academic performance; or
 - c. otherwise adversely affects an individual's employment or academic opportunities.
4. Religious Violence is a physical act of aggression or assault upon another because of, or in a manner reasonably related to, religion.
5. Assault is:
 - a. an act done with intent to cause fear in another of immediate bodily harm or death;
 - b. the intentional infliction of or attempt to inflict bodily harm upon another; or
 - c. the threat to do bodily harm to another with present ability to carry out the threat.
6. Sexual Harassment is a form of sex discrimination that violates Section 703 of Title VII of the Civil Rights Act of 1964, as amended, 42 USC 2000e, et. seq., and Minnesota Statutes Sections 363.01-.14, the Minnesota Human Rights Act.
 - a. Sexual harassment consists of unwelcome sexual advances, requests for sexual favors, sexually motivated physical conduct or other verbal or physical conduct or communication of a sexual nature.

b. Sexual harassment may include but is not limited to:

- * verbal, written/graphic harassment or
- * subtle pressure for sexual activity;
- * inappropriate patting or pinching;
- * intentional brushing against the individual's body;
- * demanding sexual favors accompanied by implied or overt threats concerning an individual's employment or educational status;
- * demanding sexual favors accompanied by implied or overt promises of preferential treatment with regard to an individual's employment or educational status;
- * any unwelcome touching of a sexual nature.

7. Sexual Violence is a physical act of aggression that involves the touching of another's intimate parts, either above or underneath the other person's clothes, or forcing another to touch one's intimate parts, either above or beneath one's clothes. Intimate parts, as defined in Minnesota Statutes 1990, Section 609.341, include the primary genital area, groin, inner thigh, buttocks, or breast of a human being. Sexual violence is a criminal activity.
 - a. Sexual violence may include, but is not limited to:
 - * touching, patting, grabbing, or pinching another person's intimate parts, either same sex or opposite sex.
 - * coercing or forcing sexual touching on another;
 - * coercing or forcing sexual intercourse on another;
 - * threatening to force sexual touching or intercourse on another.
8. Hazing
 - a. Hazing means committing an act against a student, or coercing a student into committing an act, that creates a substantial risk of harm to a person, in order for the student to be initiated into or affiliated with student organization, or for any other purpose. The term hazing includes, but is not limited to:
 - * Any type of physical brutality such as whipping, beating, striking, branding, electronic shocking or placing a harmful substance on the body.
 - * Any type of physical activity such as sleep deprivation, exposure to weather, confinement in a restricted area, calisthenics or other activity that subjects the student to an unreasonable risk of harm or that adversely affects the mental health or safety of the student.
 - * Any activity involving the consumption of any alcoholic beverage, drug, tobacco product or any other food, liquid, or substance that subjects the student to unreasonable risk of harm or that adversely affects the mental or physical health of the student.
 - * Any activity that intimidates or threatens the student with ostracism, that subjects the student to extreme mental stress, embarrassment, shame or humiliation, that adversely affects the mental health or dignity of the student or discourages the student from remaining in school.
 - * Any activity that causes or requires the student to perform a task that involves violation of state or federal law or of school district policies or regulations.

b. "Student organization" means a group, club or organization having students as its primary members or participants. It includes grade levels, classes, teams, activities or particular school events. A student organization does not have to be an official school organization to come within the terms of this definition.

c. Reporting Procedures

* Any person who believes he or she has been the victim of hazing or any person with knowledge or belief of conduct which may constitute hazing shall report the alleged acts immediately to an appropriate school district official designated by this policy.

* The building Principal is the person responsible for receiving reports of hazing at the building level. Any person may report hazing directly to a school district Human Rights Officer or to the Superintendent.

* Teachers, administrators, officials, volunteers, and employees of the school district shall be particularly alert to possible situations, circumstances or events which might include hazing. Any such person who receives a report of, observes, or has other knowledge or belief of conduct which may constitute hazing shall inform the building Principal immediately.

* Submission of a good faith complaint or report of hazing will not affect the complainant to reporter's future employment, grades or work assignments.

d. Reprisal

The school district will discipline or take appropriate action against any student, teacher, administrator, volunteer, coach, official contractor or employee of the school district who retaliates against any person who makes a good faith report of alleged hazing or against any person who testifies, assists, or participates in an investigation, or against any person who testifies, assists or participates in proceeding or hearing relating to such hazing. Retaliation includes, but is not limited to, any form of intimidation, reprisal or harassment.

B. Bylaw

During the school year, a student shall not violate the racial/religious/sexual harassment and racial/religious/sexual violence bylaws of the Minnesota State High School League.

Interpretation: The bylaw applies to the entire school year and any portion of an activity season that occurs prior to the start of the school year or after the close of the school year.

C. Penalties

1. Racial/Religious/Sexual Harassment and Hazing Violations:

a. First Violation: After determination, a student shall lose eligibility for the next two (2) consecutive interscholastic contests or two (2) weeks of a season in which the student is a participant, whichever is greater. Recommendations: 1) It is recommended that the student obtain information about racial/religious/sexual harassment and racial/religious sexual violence. 2) It is recommended that the student be referred to a community agency or a professional individual outside the school for counseling.

b. Second Violation: After determination, the student shall lose eligibility for the next six (6) consecutive interscholastic contests in which the student is a participant or three (3) weeks, whichever is greater. Before being re-admitted to activities following suspension for the second violation, the student shall show evidence in writing that the student has received counseling from a community agency or professional individual such as a school counselor, medical doctor, psychiatrist, or psychologist.

c. Third Violation: After determination of the third or subsequent violations, the student shall lose eligibility for the next twelve (12) consecutive interscholastic contests in which the student is a participant or four (4) weeks, whichever is greater.

d. Accumulative Penalties: Penalties shall be accumulative beginning with the student's first participation in a MSHSL activity and continuing through the student's high school career.

2. Racial/Religious/Sexual Violence Violations: After determination, the student shall lose eligibility for the next year, i.e., twelve (12) calendar months.

D. Procedure

Before any suspension under these rules, the student shall be advised by the Coach, Assistant Principal, Principal or Activities Director of the alleged violation and the student will have an opportunity to explain her or his involvement in the situations. If, after such conference the administration believes a suspension is justified, the student and the parent(s) or guardian(s) will be notified. Suspension will begin with the time at which the administration was first notified of the incident. Ineligible students may be allowed to practice, at the Coach's discretion, if they will be returning to the team when the period of suspension has been served.

Activities Fee Schedule & Registration

Activity fees of \$100, \$115, \$135, \$160, \$185, \$195, \$225 or \$300 per athlete are charged for each sport an athlete participates in each year depending on the length of the season. These fees are to be received by the Athletic Office prior to the first practice in each sport season. Special payment schedules may be arranged in the Activities Office to avoid excluding any participants. Athletes must register on time (physical, fee, brochure) in order to be eligible for the first day of practice/tryouts. **Students who do not register on time will miss the first day of practice/tryouts.**

NO refunds AFTER first contest/game of season.

Physical Examination and Parents Permit

(Bylaw 107.00)

Any student who intends to participate in high school interscholastic athletics and cheerleading activities must have on file in the school, a record of a physical examination performed within the previous three (3) years. A health questionnaire shall be completed annually and could indicate the need for a physical examination prior to participation. The signature of the parent or guardian approving participation is required.

Activity Categories (Bylaw 205.00)

The MSHSL has defined Category I and Category II Activities. Rochester Public School District #535 has determined that the penalty for rules violations will be the same for both categories.

Students – Please read

1. The season runs from the first day of practice through the last game of the state tournament. If a student has a chemical violation, prior to the notification and selection process for school lettering, Big 9 All Conference and/or Scholar Athlete, the student will be removed from consideration for any of the end of season honors.
2. Have and will not compete in non-school events in my sport after reporting for the high school team.
3. Have not accepted cash in any amount or merchandise valued at more than \$100 for participating in a sport.
4. Have not and will not violate the racial/religious/sexual harassment/violence/and hazing bylaws of the MSHSL.
5. I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
6. I will be fully responsible for my actions and the consequences of my actions.
7. I will respect the property of others.
8. I will be responsible for all equipment issued to me and will return it at the conclusion of the season.
9. I will respect and obey the rules of my school and the laws of my community, state and country.
10. I will show respect to those who are responsible for enforcing the rules of my school and the laws of the community, state and country.

(A student whose character or conduct violates the Student Code of Responsibility is not in good standing and is ineligible for a period of time determined by the administration.)

ROCHESTER PUBLIC SCHOOLS
Activities Department
PARTICIPATION EXPECTATIONS

Dear Parent/Guardian and Student-Athlete:

Over the past few years it has come to our attention that some parents and students have some misconceptions about the high school competitive athletic program. Please take a few moments to read this information. Hopefully, this will help you understand how a competitive high school athletic program is conducted and what the expectations and philosophy are.

In each program, a coach and/or coaches are hired by the school district to be responsible for that sport. Team selection, practices, style of play, game strategy, playing time and decisions regarding game situations are the responsibility of the coaching staff. The head coach establishes the criteria for these decisions with input from the coaching staff. This may be a highly subjective process. If you have questions regarding the process, feel free to address these questions directly to the head coach. Please call the coach to make an appointment outside of school, practice or game time. If you have questions the coach has not been able to answer, please contact the Activities Office.

The Rochester Public Schools athletic program is highly competitive. Due to large schools and limited opportunities, we are not able to place every student on a team who wishes to participate. While this is not our desire, it is a reality. The hardest thing our coaches have to do is tell young people they have not made a team. Years ago our district, like most districts throughout the state and nation, instituted a usage fee for extra-curricular activities. All athletes pay this fee regardless of their role on the team. This fee **does not** guarantee playing time but rather the opportunity to learn from a team experience.

At times, coaches have a very short amount of time to make team selections. They try to do the best they can in selecting the most talented and coachable athletes, filling needed positions and appropriately placing them on the team. We believe it is the coaches' responsibility and right to select the team with whom they will work for the entire season.

By being a member of a team, regardless of time spent in actual competition, a person can learn many valuable life lessons. Among them are: citizenship, sportsmanship, respect for opponents and others, teamwork, responsibility, commitment to team and school, loyalty, placing team above self, learning to accept instruction and criticism, winning and losing with humility and dignity, self-control and being responsible for one's actions.

Parents, spectators and athletes must be responsible for their actions at a competitive contest. If a parent, spectator or athlete is ejected or asked to leave a contest, the person will miss one more additional event.

We sincerely hope this helps you to understand the goals and philosophies of the competitive athletic program in the Rochester Public Schools. Please contact us if you have any questions regarding any aspect of the athletic program.