

Good Questions / Great Answers

Q: Who is invited?

A: Boys Ages 4-8, Girls Ages 4-12 EXCEPTIONS POSSIBLE!

Q: Isn't hockey dangerous?

A: No. The equipment is excellent and the rules and supervision are stringent and focused on safety.

Q: Will I feel stupid because I've never played hockey?

A: No! The coaches know you don't play hockey. That's the idea—we are trying to make it **fun**, relaxing and risk free for **NEW GIRLS** to **TRY** hockey with other **NEW GIRLS**, And also to let **NEW BOYS** try hockey with other **NEW BOYS**. We plan to teach all of you what you need to know to love it!

Q: Is hockey skating like rollerblading or figure skating?

A: YES! Rollerblading and figure skating are VERY similar to hockey skating= Huge head start!

Q: Where do I get all of the equipment?

A: We've got it for you! Part of the Hockey Board's mission is to make it easy to join by loaning equipment to new players. **Thursday, Oct. 2nd, from 6:00-8:00 p.m. is Equipment Handout Night!**

IF YOU HAVE ANY EQUIPMENT ESPECIALLY SKATES, YOU MAY USE WHAT YOU HAVE—WE'LL LEND YOU THE REST!

Q: Are hockey parents really crazy?

A: Yes. Parents fall in love with hockey and some families will eventually focus a lot of family time on hockey. **HOWEVER...this involvement comes from the fact that we LOVE it!** From USA Hockey; through MN Hockey; to our local Alexandria Association it is extremely organized and well run. Such organization and quality makes it a worthwhile investment of family time.

Beginners Program Schedule



Equipment will be fitted and loaned to players on:

Thursday, October 2nd, from 6-8 PM at the Arena

There will be 6 on-ice sessions, including a final GAMEDAY Scrimmage to close out the clinic.

		Girls	Boys
Saturday	Oct. 4	1:00	2:00
Sunday	Oct. 5	1:00	2:00
Tuesday	Oct. 7	5:00	6:00
Friday	Oct. 10	5:00	6:00
Saturday	Oct. 11	1:00	2:00
SunGAME	Oct. 12	1:00	2:00

Sunday, Oct. 12, will be GAMEDAY with refs announcers, music...the works! Bring cameras!

To ensure a great first taste of hockey we focus on four things:



- #1- Be safe!**
- #2- Have fun!**
- #3- Work hard!**
- #4- HAVE FUN!**

FOR MORE INFO PLEASE CALL:

Girls: Derek Trosvig 320-766-5232

Email: djtrosvig@gctel.net

Boys: Maury Burnett 507-304-5520

Email: mauryburnett@yahoo.com

website: alexandria.pucksystems2.com

We will contact you via email or phone to confirm your registration and answer questions.

Boys & Girls Equipment Fitting is Thursday October 2nd, 6-8 P.M. **So reserve a spot soon!**

Please mail this Registration Card and \$25 to:

Alex Hockey
Attn: Beginners Clinic
P.O. Box 592
Alexandria, MN 56308

(or bring it to the rink and drop in the Alex Hockey mail slot in the door of the office)

Name: _____

Address: _____

Email: _____

Age: _____ Phone: _____

Parent(s): _____

I/We realize that in hockey there is a risk of minor and/or major injuries. I hereby release the City of Alexandria, the Runestone Community Center, Alexandria Area Hockey Association and its coaches and players from all liability for any injuries, as well as any costs stemming from injuries, that my daughter may incur as a participant in a hockey clinic, practice or training session. I/we accept responsibility for covering our daughter's medical costs by our own means and/or through insurance under the following medical insurance policy:

Ins. Co. _____

Policy # _____

Name of Primary Insured Policy Holder: _____

Signature of parent/legal guardian _____