



Why Play Piedmont Predators U16 Elite?

Looking at the landscape of Youth Hockey in the Greater Washington DC region, lots of questions are arising.

- ❖ What is the best program for my son?
- ❖ Should I have my son play tier I AAA, tier II AA, or Junior Hockey?

There are clearly a lot of choices to be made when it comes down to U16 and above Youth Hockey.

The Piedmont Predator Hockey Club has put together what we feel is the best option when it comes down to developing U16 Hockey players.

The U16 Elite program will keep young athletes locally, while giving them the maximum ice time and state of the art off-ice conditioning.

Most young players have aspiration to play college hockey. Keeping them close to home will help them achieve their goal in becoming a student athlete.

Most U16 programs in the area offer 2 weekly practices, while local Junior programs offer 3 weekly practices. The Piedmont Predators U16 Elite will have 4 weekly practices. Combine that with our off-ice training program at Next Level Training.

The program is also including an eight weeks summer program with twice per week 90min. weight lifting / conditioning and twice per week on ice practices, better preparing young athletes for regular season competition.

Entering our first year in the CBHL at U16 and U18 with no restrictions and eligible for playoffs, the Predators Elite U16 is determined to be a contender in their inaugural season.

Additionally, the U16 Elite Team will compete at the highest level possible for their out of league games. It is all about pushing players outside their comfort zone while getting them the experience to play top level competition.

Piedmont Predators U16 Elite Team will be lead by experienced Head Coach Chris Borner. Coach Borner is a Level 5 USA Hockey certified Coach since 2002. Coach Borner has been coaching youth, high school and junior hockey in Northern Virginia since 1996. Six years of Junior Hockey in the ESHL and MET League, and two years U16 AAA in the AYHL League has more than prepared Coach Borner to lead the Predators U16 Elite program.