

Texas-USA Wrestling

Youth Folkstyle Rules and Regulations

Key Changes for 2013-2014 Season

General Wrestling Rules

Rule 2: The Technical Fall criteria has been changed to 15-points (from 12) to be consistent with NFHS and other youth organizations.

Rule 23 (New): The double-chicken wing with sit-through is an illegal move in TX-USAW Folkstyle competition. This is consistent with the USA Wrestling youth modifications.

Age Divisions and Weights

The maximum weight difference for Div 2 and Div 4 HWT brackets have been increased. The maximum difference now for each division is:

- Tots and Division 1 – 15 lbs
- Division 2 and Division 3 – 25 lbs
- Division 4 – 35 lbs

TOURNAMENT SANCTIONING RULES

General Rules for All Tournaments

We are no longer using the Youth Tournament website for team rosters and tournament registration.

Registration for all TX-USAW Youth Folkstyle tournaments will be through Trackwrestling - www.trackwrestling.com. Tournament hosts are responsible for reporting their results on Trackwrestling or by submitting an Excel file to be posted on the Youth page of the website.

IRONMAN SERIES TOURNAMENT RULES

Minor changes were made to the allocation of Coaches' Passes. Crowding on the floor and abuse of the coaches' passes continues to be a concern at the Ironman Tournaments. When possible, tournament directors are encouraged to assign passes by name rather than provide a "blank" group of passes to a team.

- a. 1-8 wrestlers – 2 coaches passes
- b. 9-16 wrestlers – 4 coaches passes
- c. 2 passes extra for every 8 wrestlers after 16
- d. All coaches must have proof of USA Card and Copper Certification
- e. WITH PROOF OF CERTIFICATION AND CURRENT USA COACHES CARD TEAMS MAY RECEIVE ADDITIONAL PASSES FOR A FEE SET BY THE TOURNAMENT.

REGIONAL TOURNAMENT RULES

Regional tournament bracketing rules were changed to allow the use of round-robins and combined weights when the individual weight class results can still be determined separately