

Concussion Management Program

A concussion is a traumatic injury caused when the brain violently moves within the skull injuring brain cells. Club teams have the opportunity to partner with the experts from Overland Park Regional Medical Center to offer educational programs and testing to prevent concussion and treat concussions should one occur. OPRMC uses ImPACT, a neurocognitive test developed by the University of Pittsburgh Neurosciences Center. It is the most widely used test and currently the choice of the MLB, NHL, NBA, MLS and NFL.

ImPACT helps physicians evaluate an athlete's recovery following concussion. In the preseason, each athlete is given a baseline test. Should a concussion occur, a follow-up test may be administered to see if results have changed from the baseline.

Keep Your Head in the Game

Overland Park Regional Medical Center's Comprehensive Concussion Management Program

WHO?

Kids age 10 and above are eligible.

WHY?

The concussion management program helps ensure a culture of "Safety First" and is a significant part of the commitment we would like to provide for your club.

WHAT?

Pre-Injury: Focus on Concussion Education/
Prevention of Second Impact Syndrome

- ImPACT baseline testing for all individuals
- Coaches education session
- Parent education session with take away resources
- Refrigerator magnet
- Wallet resource card

Post-Injury: Focus on navigation services

- ImPACT post injury testing
- Coordination with family MD/Pediatrician if requested by parent
- Assistance with scheduling appointment with Concussion Specialist Physician
- Coordination with school/coaches if appropriate

- Assistance with "return to play" protocol

WHERE?

Baseline testing takes about 45 minutes and will be performed on the campus of Overland Park Regional Medical Center in Medical Plaza East, 10601 Quivira (across the street east from OPRMC on 106th St.) A mandatory coach/parent education session is conducted in an adjacent room while the athlete completes the baseline test.

COST?

The KC Stars has signed a Corporate Partnership Agreement which reduces the test cost to \$10 per child. This fee includes baseline and ALL post injury testing for 2 years!

TEST DATES

August: 27, 28 & 29

September: 3, 4, 5, 10, 11 & 12

Time: 5pm, 6pm & 7pm

Must call to register for testing

**Have additional questions? Please contact:
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