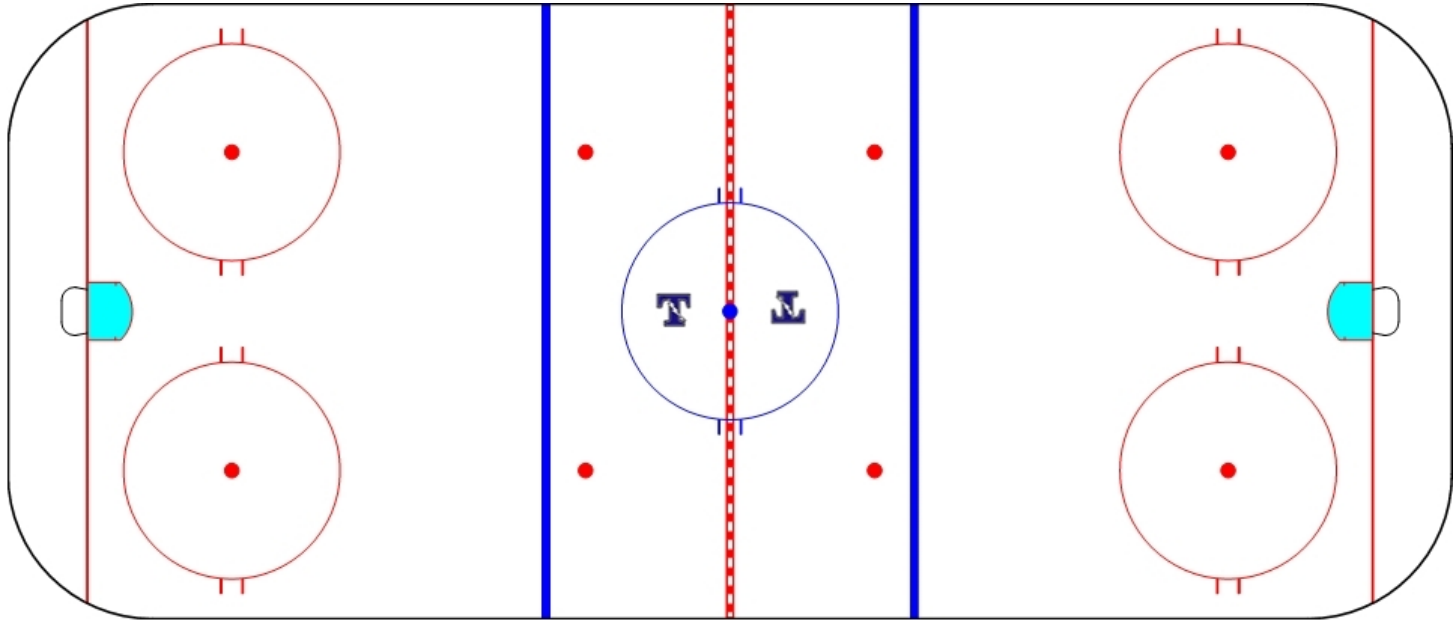




# Drill Sheet

Team: \_\_\_\_\_ Date: \_\_\_\_\_

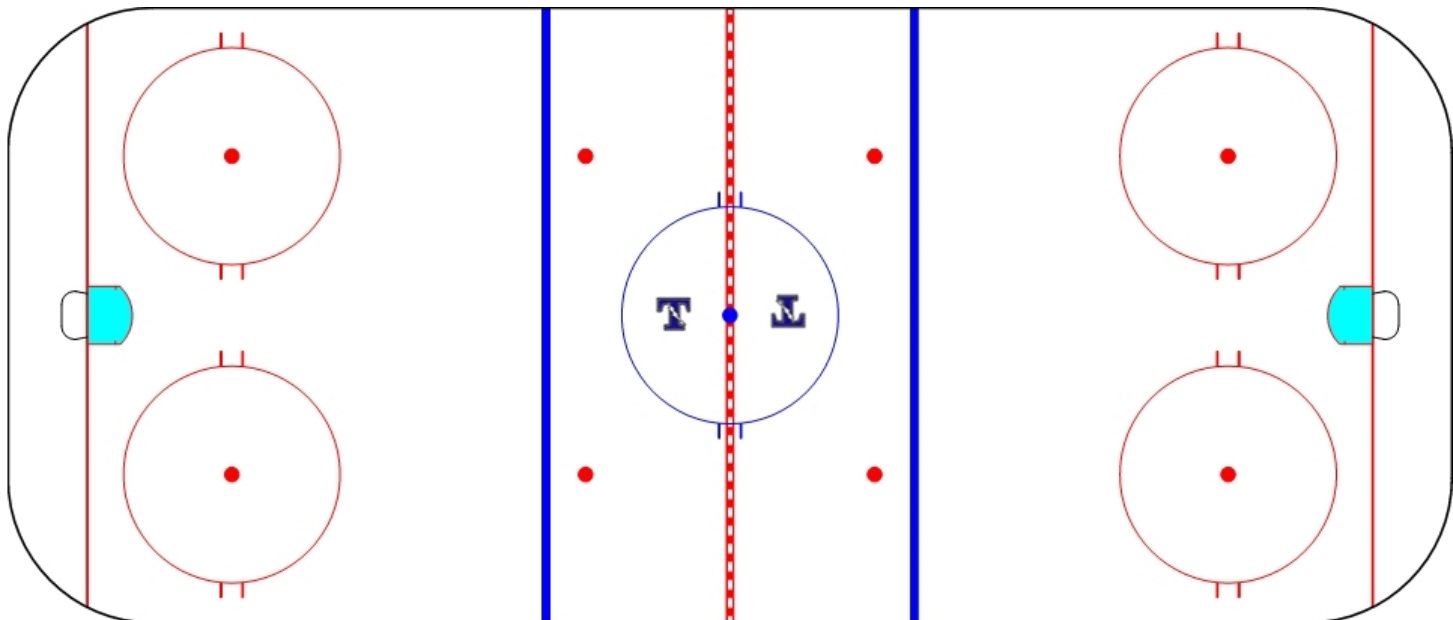
Forward Skate	←	Backward Skate	~~~~~	Stop	⊥
Carry Puck	←~~~~~	Pass	--->	Shoot	⇒
				Coach	Ⓢ



Drill Name: \_\_\_\_\_

Time: \_\_\_\_\_ Duration: \_\_\_\_\_

Description: \_\_\_\_\_  
\_\_\_\_\_



Drill Name: \_\_\_\_\_

Time: \_\_\_\_\_ Duration: \_\_\_\_\_

Description: \_\_\_\_\_  
\_\_\_\_\_