**Garinger Summer Soccer Information**

2013



WE ARE WILDCATS,

**Summer 2013**

**Wildcats Soccer Camps & Training Schedule**

* **JV and VARSITY CAMPS:**  *June 10th- August 12th* ***(Mondays and Wednesdays)***
  + **Conditioning:** 9-10:30 a.m. *(location: weight room)*
  + **Skill building and practice:** 6-7:30 p.m. *(location: soccer fields)*
    - Cost: $20, Lunch will be provided
* **OFFICIAL TRYOUTS**: *August 12th- August 13th* ( *location: soccer fields)*
  + 9a.m-12p.m.
  + 6-7:30 p.m.
* **SEASON BEGINS:**   Wednesday, August 14th

* All Soccer Camps are directed and operated by the Garinger High School Soccer Coaching Staff and assisted by alumni soccer players.  **Soccer camp is mandatory for all players and players can have no more than 3 absences in order to meet fitness requirements.**
* The Morning Sessions for both of the high school camps are mandatory sessions for soccer fitness training in order to direct athletes towards peak fitness performance levels.   All session will take place in the weight room.
* Players should bring their running shoes and water to the fitness training.

*(****Note****:  Summer school students will report to afternoon session only.)*

* The Evening Sessions for all Camp Levels are Soccer Skill related.  Players should bring soccer shoes, shin guards, and water to the skill sessions.   All sessions will take place on the soccer field.

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| **Register today!**   * Register by emailing or calling Soccer Coordinator Alex Iorio at [alexandra1.iorio@cms.k12.nc.us](mailto:alexandra1.iorio@cms.k12.nc.us), 847-691-4272 * Or attend a soccer information session |

**2013 Garinger Men’s Soccer Information**

**When does the season officially begin?**

The season officially begins Wednesday, August 14th. However, all players must attend the skill and conditioning camp that begins June 10th.

**Are their cuts?**

Depending on the amount of interested players at each level, there may be. There will be a Varsity and Junior Varsity team determined at tryouts beginning August 12th.

**When Does Wildcat training begin?**

Monday, June 10th at 9:00 am. The trainings will have two elements: a morning conditioning routine and an evening skills focus. **The camp is mandatory for all potential players. Players may only have 3 absences in order to meet fitness requirements.** The cost is $20 and will include lunches.

**What do I need in order to participate?**

All players must have a physical and completed eligibility folder in order to participate in camps and tryouts. All players must register at Garinger or at an information session.

**Who do I contact with questions?**

Contact  Soccer Coordinator Alex Iorio at [alexandra1.iorio@](mailto:alexandra1.iorio@gmail.com)cms.k12.nc.org

or coach Kyle Hunt at 847-691-4272 or 704-877-7884

**Is my child eligible?**

**8th -12th grade** • Must meet local promotion standards

• Must have earned a **2.0 GPA** from previous semester

• Must have **85% attendance** from previous semester

• Must have **passed a minimum load of work** during the previous semester **\*\***

• Must be **currently enrolled** in at least one-half of the minimum academic course load

• Must be in attendance at school that day for at least one-half of the instructional day

• Shall **not participate** if he/she becomes **19 years of age on or before October 16** of said school year

**Student-Athlete Checklist**

Return completed package your coach. As soon as possible

NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ID # \_\_\_\_\_\_\_\_GRADE\_\_\_\_\_\_\_\_\_\_\_\_

**Please return athletic check list with completed package.**

\_\_\_\_ CMS Pre-Participate Form

\_\_\_\_ CMS Eligibility Certification

\_\_\_\_\_Physical (must have a physician stamp and date)

\_\_\_\_\_Date of Birth

\_\_\_\_\_ (2) forms of Residency (bills, leases, etc.)

\_\_\_\_ Student guidelines

\_\_\_\_ Athletic Fact Sheet

\_\_\_\_\_ Fee Wavier Form ( Letter verifying Free and Reduce Lunch)

Parent Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Sport\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_

Coach contact information:

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| --- | --- | --- | --- |
| Head Coach: | David Garrett | david@one7.org |  |
| Assistant Coach: | Kyle Hunt | kyle@one7.org | 704-877-7884 |
| Coordinator of Academic Support and Development | Alexandra Iorio | Alexandra.iorio@gmail.com | 847-691-4272 |
| Garinger Athletic Director: | Kenneth Breland | kenneth.breland@cms.k12.nc.us | 980- 343-6450 |

**\*please direct all logistic and absence related questions to coach Hunt or Ms. Iorio**

Important Websites:

Garinger High School Soccer Page:

<http://www.cmsathleticzone.com/page/show/793115-garinger-v-boys-soccer>

CMS Athletics Page (and Eligibility information)

<http://www.cms.k12.nc.us/cmsdepartments/athletics/Pages/default.aspx>

**Garinger Summer Soccer Information Sessions**

**For parents and prospective players of the 2013 men’s soccer team**



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| When? | Location? |
| **Saturday, March 25th**  12 pm | Garinger Soccer field |
| **Sunday, March 26th**  12 pm | Garinger Soccer field |
| **Wednesday, June 5th**  at 7PM in | theGaringer Cafeteria |

Register for summer workouts, receive information on tryout and eligibility.

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| **Can’t make it?** **Register** by emailing or calling Soccer Coordinator Alex Iorio at [alexandra1.iorio@cms.k12.nc.us](mailto:alexandra1.iorio@cms.k12.nc.us), 847-691-4272 |

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