

CONCUSSION POLICY

To protect participants within RYHA from the impact Concussions have or may have on the health of a person, RYHA adopts the following policy to be followed by all officials, coaches or team managers affiliated with any RYHA team:

A coach or official shall remove an athlete from participating in any on ice RYHA activity when the athlete:

- (1) exhibits signs, symptoms, or behaviors consistent with a concussion; or
- (2) is suspected of sustaining a concussion.

When a coach or official removes an athlete from participating in any RYHA activity because of a concussion, the youth athlete shall not return to the play until the youth athlete:

- (1) no longer exhibits signs, symptoms, or behaviors consistent with a concussion; and
- (2) is evaluated by a health care provider trained and experienced in evaluating and managing concussions and the provider gives the youth athlete written permission to again participate in the activity.

An athlete shall only be allowed to return to limited or restricted play pursuant to the instructions of a qualified health care provider. Any coach allowing an athlete to return to play pursuant to limitations, restrictions or instructions of a qualified health care provider shall abide by the limitations, restrictions or instructions of the qualified health care provider.

To be clear, if a player has sustained or is suspected of having sustained a concussion, they must be removed from play and the player shall not be allowed back on the ice until they have not only become symptom free but also have been evaluated by a health care provider who gives the player or the player's parent written permission or instructions concerning their procedure or process to return to play.