

'09/10 Wayzata Youth Hockey Association – Coaches Prospectus

Head Coach: John Doe

Assistant Coaches: John Smith, Jim Jones, Jack Jackson

Playing Level: Pee Wee B1-1

Coaches Background: *(Optional if background is sparse, but some background is good for parents)*

SAMPLE

John Doe has been a youth hockey coach for ten years in associations in the Chicago, Wisconsin and Twin Cities areas. He has been both a head coach and assistant at the A level in winter leagues and has coached AAA for the past 2 years for a 1996 birth year team. John was the coaching and education director for the Chicago association where he developed the coaching curriculum and selected all association travel and house coaches. Recently, he has been coaching in the Wayzata Youth Hockey Association program at the mite, squirt and pee wee age groups; and the Bantam level for Mash and AAA.

John Smith has extensive playing and coaching experience. John played four years of college hockey at UMD as a Bulldog, as well as three years in the Canadian Saskatchewan Junior Hockey League. John was drafted and signed with the New York Islanders. He played for the Bridgeport Sound Tigers in the AHL. John coached two years at the AAA Midget level (16-17 year olds) in Canada, and in the Wayzata association for the past four years.

Jim Jones was raised in the Northeastern part of the U.S. and has been involved in hockey most of his life. After playing four years of varsity hockey at Boston College, Sean coached college hockey for several years at Gustavus College. Jim has many years of youth hockey coaching experience at the mite, squirt and pee wee age groups at the select level in both Illinois and Minnesota.

Jack Jackson played college hockey at St. Johns in Collegeville, and has been coaching youth hockey for 12 years. He is a local product, where he played his high school hockey at Wayzata High School and his youth hockey in the Wayzata Youth Hockey Association.

Team Objectives (divide into beginning, mid, and late season):

1. Players have fun playing the game (fun comes from numbers 2-6 below);
2. Increase the hockey skills, knowledge and team play concept of each player;
3. Increase the physical condition of each player;
4. Increase the kids' creativity and knowledge of the game of hockey;
5. Promote team camaraderie; and,
6. Field a competitive team.

Team Systems: We will run three types of forechecks, different situational face offs, and designed penalty kills and power plays. All players will learn each of these plays/systems so they understand where everyone is supposed to be on the ice and in case of times when we are missing players, they can fill in. Practices will be planned around these different system elements.

Team Practices: We will practice approximately 2-3 times per week. Players are expected to be ready to go on the ice 10 minutes before practice so the coaches can cover the practice plan with the players in the locker room to make the practice more efficient. Most practices will be comprised of 10 minutes of team warm up, 30 minutes of skill development/stations, and 20 minutes of team concepts (break outs, face offs, etc.). Each practice will reflect the skill and team concept needs of the team.

Total Number of Games: 16 District Games, and five tournaments: Woodbury (Nov 11-13), Eden Prairie (Dec 14-16), Fargo (Jan 6-8), Wayzata (Jan 21-23), District Tournament (Feb 10-15)

Coaches Game Playing Policy:

1. Each player will play equal playing time, including power plays and penalty kills;
2. Players will stay in their designated positions for most games to develop those skills, leverage their strengths, and improve team on-ice chemistry.
3. We will rotate goalies by game.

Coaches' Rules (Consistent with WYHA Coaches Handbook and USA Hockey Code of Ethics):

1. Players should come to practice willing to learn, pay attention, and work to get better;
2. Players are asked to address the coaching staff by "coach" or "mister", not by their first names;
3. Player should inform a coach in advance if the player will not be at practice or a game so coaches can plan practices and games accordingly;
4. Players should be ready to take the ice 10 minutes prior to practice so the coaches can walk through the practice plan and discuss any new drills or expectations;
5. Players should be dressed, stretched and ready 15 minutes prior to each game for the pre-game chalk talk;
6. Players will respect team members, parents, opposing team members, game officials, referees, coaches, and parents, including parents of the opposing team;
7. No abusive language will be tolerated;
8. Players will be given 3 unexcused absences, after the 4th absence, playing time will be affected;
9. Players and parents must conduct themselves in a proper manner including negative comments about players or team play. Remember, we as parents set the example our kids will follow.

What we will NOT be doing as a coaching staff:

(List anything in particular you want to mention regarding on ice or off ice things you don't plan to do. This is important because many parents and players have had other coaches or have coached themselves, and have expectations of how things will be done.)

Code of Conduct:

Consistent with WYHA and USA Hockey, coaches, parents and players will be expected to sign and abide by the "Code of Conduct" throughout the season.

Player/Family Communication:

1. The coaches will hold an early season and mid-season meeting with each player. These meetings will be to discuss expectations, roles, development opportunities and give the player a chance to ask questions or discuss any issues they have;
2. Parents are encouraged to communicate with the team manager first and coaching staff second if you have questions or concerns;
3. Parents are encouraged to communicate with the team manager on all scheduling and logistics issues.

If you have any questions, please feel free to contact any of the coaches after practice or give us a call.