



Shakopee Mat Club

First Tournament-What to Expect

What to Bring

Wrestling Shoes, Headgear, Singlet, Shakopee Wrestling T-shirt, water bottle and snack, video camera.

Registration

You can register at the door for most tournaments. The cost is typically around \$10 per wrestler. You may also have to pay admission for non-wrestlers; this is typically between \$1 and \$5. You will fill out a slip of paper with your child's name, age or grade, club name (use "Shakopee Mat Club"), and possibly, years of experience (you will take this with you to weigh-ins). Most tournaments will have concessions available. It is a good idea to arrive at least 30 minutes prior to the end of weigh-ins.

Weigh-ins

After registering, you will need to take your child to the weigh-in area. Here they will be weighed, have their skin checked for any conditions, and have their fingernails checked for improper length. A fingernail clipper in your wrestling bag can be very handy.

Brackets

After all wrestlers are weighed, the tournament organizers will take an hour or so to create brackets. Most tournaments will match kids up by grade (or age) and weight. Most tournaments use 4-man brackets. In a round robin format, your child will wrestle each of the other kids in their bracket- 3 matches total.

Warm-up

As soon as your child has been weighed, they will be able to warm up on the wrestling mats. Look for other Shakopee wrestlers to warm up and drill with.

Staging

Prior to the start of wrestling, the kids will be called to a designated area where staging occurs. Here, the kids will be assembled in their 4-man bracket and led back out to the gym to wrestle.

Awards

After your child has wrestled all of their matches, they will be led (as a group) to the awards table. Most tournaments offer trophies for 1st thru 4th place. At this time, you are free to leave or can stay to cheer on your teammates.