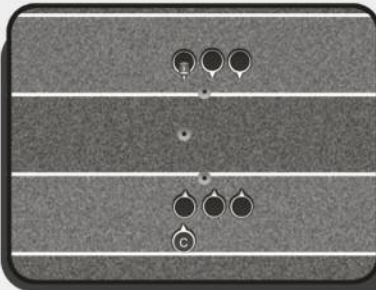
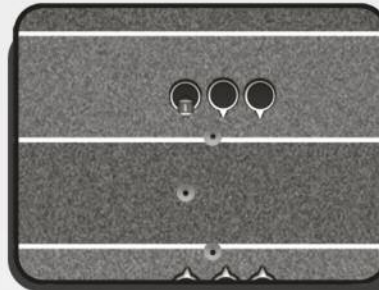


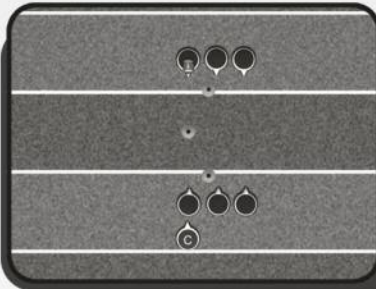
Open Field Tackling



01 ★
Form two lines behind cones.



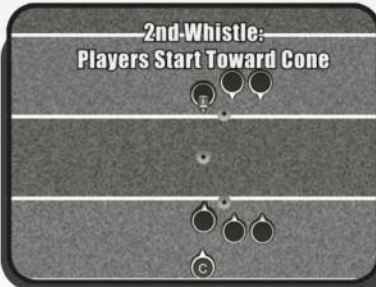
02 ★
Place a cone 2 yards in front of tackler's line.



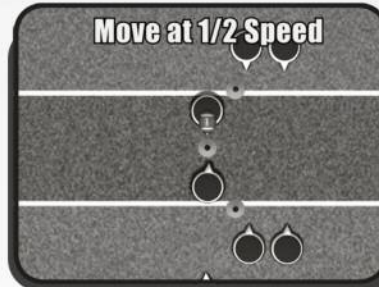
03 ★
1st ball carrier holds ball with both hands.



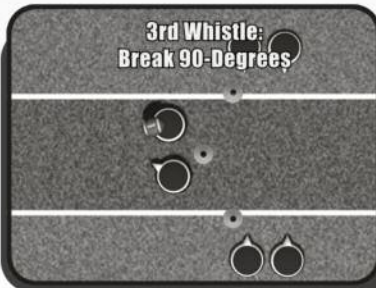
04 ★
On whistle, front player begins stepping in place.



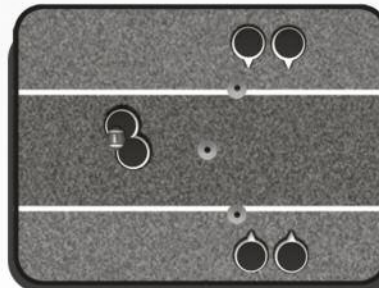
05 ★
On 2nd whistle, both players start toward cone.



06 ★
Move at 1/2 speed.



07 ★
On 3rd whistle, runner breaks 90-degrees.



08 ★
Defender moves to tackle.

Notes:

For more useful tips on coaching youth football, log on to www.usafootball.com.