



The Do's & Do Nots For Youth Coaches

Here is a list of things that you might want to consider for this up coming season.

- Be a good role model for your players.
- Treat your players with respect.
- Play all of your players fairly equally.
- Say hello to every player, by name, at each team session.
- Take an interest in your players besides hockey.
- Shake hands with each player after each game, win or lose.
- Fulfill your ***legal obligation to supervise*** your players
 - Be the last person out of the locker room for practices and games
- Support the officials
- Communicate often with the parents of the team.
- Be sure the players are having fun
- Keep improving as a coach

- Use of tobacco products of all kinds is prohibited. Leave it at home.
- Prepare your practice plan before you come to the rink, and write it down.
- Be sure your assistant coaches all know what to do in each drill.
- Be sure your helmet chin strap is buckled properly.
- Be careful not to over coach, especially during games.
- Brush your teeth before practice and games.
- Wear a warm up suit rather than jeans. Look like a coach.
- Focus on skills and small area games.
- Make sure your team as a minimum of 2-1 practice to game ratio
3-1 for pee wees and squirts.
- Be sure the kids have two school nights a week to eat dinner at home and do school work.
- Leave the locker room cleaner than you found it.

- Winning is nice but there are so many other positive things that you can teach your players. Be sure your quest for the championship includes every player on your team.

Have Fun!

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